



May 2015

[www.paignton-u3a.co.uk](http://www.paignton-u3a.co.uk)

***Thought for the day***

Obedience is the fundamental foundation of all organised organisms. from Brenda Russell

***A Message from your Chairman***

Dear Members,

Possibly by the time you read this, the election should be done and dusted and we should have a new government. I must confess I am beginning to switch off with all the media coverage. Ron and I will be in Italy until the 9th May. I am sure we will hear the results.

The Bus Pass Group met at Paignton Bus Station on 24<sup>th</sup> April at Paignton Bus Station and 13 people enjoyed a bus ride to Kingsbridge. The scenery via Strete, and Slapton Sands was spectacular and the weather was kind to us. The next journey will be to Exeter via Dawlish at a later time: details are in the newsletter.

The Skittles got off to a good start with 19 people turning up. Great fun was had by all. Chris Short did a brilliant job as our coach. We played perhaps more with enthusiasm than accuracy. We can only improve.

Paignton U3A organised a bridge and cream tea afternoon on Tuesday 29<sup>th</sup> April at the Redcliff Hotel for the Devon U3A Link we had 44 players from the various local U3As, the hotel put on a magnificent cream tea midway through the afternoon which was enjoyed by all, we heard some comments suggesting that it could become an annual event, possibly organised by other groups in the link on a rota basis, we will have to wait and see.

The prize of a Paignton seagull and some flowers for the highest score was won by Gill and Gillian (sorry I do not have their surnames) of Dartmouth U3A and the a prize of 2 miniature Paignton (hope it will not start a breeding colony) seagulls and a small box of chocolate for the lowest score was won by Linda Nuttall and Jessie Arden of Preston and Livermead U3A.

I mentioned at our last meeting that as a part of our 10th birthday year, a concert of music and verse and afternoon tea will be held at the Redcliffe Hotel with Richard Walsh at the pianoforte. The date of this has been set for Monday 5th October at 1.45pm for a 2.15 start with tables of 8 to 10 people. The cost will be £5.00 per person and it will be a Paignton U3A members only event as the U3A is subsidising it. It will be open to all members on a first come, first served basis. Tickets will be available from the June General meeting.

*Barbara*

Barbara Collins

## ***Trips & Outings & Events***

Members have booked for a summer coach holiday with Hemmings Holidays to **North Wales in August** . This is now fully booked. Contact Barbara Tel: 01803 669238

We are planning our usual winter break in **Sidmouth** for the end of **February 2016**. Details will be available soon. Contact Barbara Tel: 01803 669238

Another **Jazz on the River Dart** evening is taking place on Saturday 6<sup>th</sup> June, leaving Steamer Quay, Totnes at 7.30pm with music by High Society. Tickets are £20 including supper and drink plus optional £5 for return coach from Torbay. Contact Barbara Tel: 01803 669238

Join us on a trip to **Widcombe Fair on Tuesday 8<sup>th</sup> September**. Contact Sheila on 01803 844162 or sheilawen@btinternet.com

## ***Messages from your committee***

**Membership renewal** is due from 1<sup>st</sup> May. Those who have not renewed their subscription by 1<sup>st</sup> June will have their membership revoked. The new 2015 membership card is your proof of receipt of payment.

## ***Forthcoming General Meetings***

**General Meetings 2<sup>nd</sup> Tuesday monthly 11.00 a.m. with coffee from 10.15a.m.**

Meetings are at the Redcliffe Hotel, Marine Drive, Paignton.

12 <sup>th</sup> May	<b>Brixham Battery</b>	Robbie Robinson
9 <sup>th</sup> June	<b>The Life and Times of a Professional Caterer</b>	Val Bugden-Cawsey
	Val's first job after qualifying was as Cook-Housekeeper to HRH The Princess Anne and since she worked in London for a large corporate catering company where she looked after 50+ restaurants. She also ran a hugely successful pub in the Alkham Valley in Kent before retiring to Cornwall.	
14 <sup>th</sup> July	<b>Let's Talk</b>	
August	No General Meeting	

## ***Third Age Trust News***

TAT is running a **Photographic Competition** to be judged by Amateur Photographer magazine. The subject of entries is **Britain's Wildlife** with a closing date of 31<sup>st</sup> August 2015. Details will be displayed at the monthly meeting or ask Ron Collins.

We have been asked by **British Rowing** if anyone is interested in joining them for a taster session. It has been popular with other U3As. Contact Barbara Tel: 01803 669238

## **Groups' News**

Some groups will be stopping in July and August and will reconvene in September but other will continue throughout the summer. Please check with the group leader.

### **New POETRY FOR FUN & LETTERS GROUP**

Would you be interested in a poetry group? Venue and time to be agreed. Contact Mona Gee on 552055 or email [colandmo@btinternet.com](mailto:colandmo@btinternet.com).

### **New SKITTLES and DARTS**

Skittles will be held on the third Monday evening of the month at the Parkers Arms on the corner of the road to Stoke Gabriel in Collaton St Mary, meeting in the bar at 5.30pm. The skittle alley is behind the pub. There is no charge for the use of the alley, but they will expect you to buy a tea or coffee or a drink. The pub is also doing two meals for £10.00. I am reliably informed that the food is good. Chris Short who many of you will know through Guides Dogs for the Blind has very kindly said she will be our instructor as I am sure there is far more to skittles than just hurling a ball down the middle of the lane. Do come along, it should be fun. There is a dart board in the bar if you would care to do that after skittles. If interested contact Barbara 01803 669238

### **New BREAKFAST CLUB**

After a small number attending May's breakfast club and following a couple of comments, it has been decided to change the venue to Chandlers Licensed Restaurant, Torbay Road, Paignton on Friday 5th June 2015 at 9-30am. Give John Ball a call on 01803 411046 so tables can be booked. Hope to see you at the next one. Thanks

### **New BUS PASS GROUP**

The next meeting will be on Friday 22nd May taking the scenic route to Exeter stopping off at Dawlish, weather permitting. Meet at 10.15am outside Debenhams in Torquay which will give you time to catch the bus from Paignton after 9.30am. Contact Barbara 01803 669238 if you are interested or just turn up.

### **New TEXTILES/ART GROUP**

STARTING THURSDAY 28<sup>th</sup> MAY from 2 to 4pm at a member's home in Chelston Road, Torquay. You will need to book your place in advance so that I can assess and prepare the fabrics and equipment you will want to use.

This is an introductory course for those who are interested in the dyeing and printing of fabric.

The first session will be an introduction to dyeing and we will be designing and making a Summer garden cushion or tote bag. All the fabrics and equipment are provided and will cost only £2 for your first session.

You will need to wear old clothing, and bring rubber gloves to wear. At the end of the session I will lend you a tray suitable to carry your wet fabric home. In June we will be printing and embellishing your pieces of work.

All the dyes and printing inks I use are non- toxic and all water soluble.

Don't forget to book your places asap. Jackie Martin 607 314

### **BOOK GROUP**

This morning we discussed "Three Cups of Tea" by Greg Mortenson and David Relin . The book is so called because of the saying by the Balti tribe. "The first time you share tea with a Balti, you are a stranger. The second time you take tea, you are an honoured guest. The third time you share a cup of tea, you become family."

We all liked the book and found the story of Greg's escape from K2 and his subsequent desire to help the people who had been so kind to him very interesting. His founding of many schools in the area is a fascinating account , but there are so many people who aided him in his mission a cast list would have been very helpful. A map of the area would also have helped our understanding of the text.

We gave the book 7/10, but were rather concerned to find from Wikipedia that there has been controversy surrounding the work of Greg Mortenson which causes the account's truth to be questioned.

Our next meeting is on Thursday June 4th when the book to be discussed is "Northanger Abbey" by Val McDermid, the well-known crime writer. We would be delighted to have some more members to join the group. Please contact Marian Whiter 403323 for more details

### **BRIDGE GROUP**

Could I please draw your attention to the fact that the session for Tuesday evening bridge is from 7.30pm until 9.30pm, and Thursday afternoon session is from 2.30pm until 4.30pm? The room at the Paignton Club is only rented for 2 hours for each session and we are breaching this. At the moment avid players are arriving and starting play sometimes 30 minutes before these times which is contravening the agreement made with the Paignton Club for rental. If we need the room for a longer period then we will have to pay for the extra time. Mike and I need to get into the room to set the tables up ready for play so we have to arrive a little earlier than the players in order to do this. Thank you for your co-operation. Mary Ward, Bridge Coordinator

### **DINING OUT GROUP**

In May, there will be a change of week due to holidays, meeting on 21<sup>st</sup> May. Venue Whitfield's Bistro, Livermead. Please contact Steve & Mary Ward on 403484. Regards Jeannette.

### **MUSIC GROUP**

I will not be leading the music group after July, so if anyone would like to continue with it let Jo Innes-Lumsden or Barbara know. Thanks in anticipation Jo

### **PHOTOGRAPHY GROUP**

We did not judge the scheduled competition for landscapes this month as the group had a field trip to Coleton Fishacre. We could not have chosen a better day as the weather was wall to wall sunshine, but a little on the chilly side. I am looking forward to seeing the entries for the Coleton Fishacre theme competition which will now be held at the meeting in June, the Landscape contest being rescheduled for the May meeting.

Keep snapping, Ron

### **PINS & NEEDLES**

In future we will be meeting at a member's house on the 3rd Monday of each month. We would be delighted to see any of you who are interested in craft work. Ring Jean Turnbull on 403569 for details.

### **QUIZ GROUP**

Carol Owens has volunteered to take over the running of the Quiz Group from this month. I would like to say a big thank you for the support over the past two & a half years and will still be a "quizzer" at the Friday meetings when I can. I look forward to seeing lots of you to support Carol on Friday 15th May, 2.00pm, in room 12, Paignton Library. For more info:- ring Sue Allen 01803 556522

### **WALKING GROUP**

We had a lovely day for our walk through Scadson and Occombe Woods in April. Unfortunately we were just a week or two early for the bluebells.

The next walk will be on May 20th and is from Shipley Bridge to the Avon Dam. It is an easy walk along the River Dart on a concrete path and then a grassy walk on the moor to the dam. There is a WC at Shipley Bridge but no other facilities so you will need to bring a picnic. We will meet at 10.00am at Clifton Road, just past the junction with Colley End Road, where there is parking on the road, for car share.

The walk leader is Chris Merry. Please contact him on 01803 553765 by 9am on 20th if you are coming.

Norma Ellis 405517

## ***Contribution from our members***

### **Random Thoughts As We Age...**

Wouldn't it be great if we could put ourselves in the dryer for ten minutes; come out wrinkle-free and three sizes smaller!

Last year I joined a support group for procrastinators. We haven't met yet!

I don't trip over things, I do random gravity checks!

I don't need anger management. I need people to stop annoying me!

Old age is coming at a really bad time!

When I was a child I thought Nap Time was a punishment ... now, as a grown up, it just feels like a small vacation!

The biggest lie I tell myself is ... "I don't need to write that down, I'll remember it."

Lord grant me the strength to accept the things I cannot change, the courage to change the things I can & the friends to post my bail when I finally snap!

I don't have grey hair. I have "wisdom highlights". I'm just very wise.

My people skills are just fine. It's my tolerance to idiots that needs work.

Ken Faulkner

## ***Your Committee for 2015 to 2016***

President – **Sally Grafton**

Tel: 01752 893503

Chairman– **Barbara Collins**

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Vice Chair & Groups Co-ordinator – **Carole Giffen**

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Membership Secretary – **Cindy Ball**

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Programme Secretary- **Judy Punshon**

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Audio Visual – **Steve Ward**

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Committee member – **Brenda Russell**

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Newsletter Editor – **Kate Parsons**

Tel: 01803 267527

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The next Committee meeting will be on Tuesday 2<sup>nd</sup> June at 10.30am at Jasmyn House, Midvale Rd, Paignton. If members have any issues that they would like brought to the committee's attention, please can they let Barbara know?

**PAIGNTON U3A DETAILS OF GROUPS**

Activity	When	M	T	W	TH	F	Time	Location	Organiser/s	Phone
Art	2nd				X		2pm/4pm	Jasmyn House, Midvale Road	Wendy Leishman	522407
Ballet	Weekly					X	10am/11am	Torbay School of Dance, Totnes Road	Sarah Hope	556928
Book Club	1st				X		10-30/noon		Marion Whiter	403323
<b>NEW</b> Breakfast Club	1st					X	9.30am	Various	John Ball	411046
Bridge -Beginners & Improvers	Weekly				X		2-30/4pm	Paignton Club, The Esplanade	Mary Ward & Mike Jeffs	403484 606053
Bridge -Intermediate	Weekly		X				7-30/9-30	Paignton Club, The Esplanade	Mary Ward & Mike Jeffs	403484 606053
Bus Pass Group	4th					X	Various	Various	Barbara Collins	669238
Coffee Morning	4th	X					10-30/noon	Redcliffe Hotel, Marine Dr	Judy Punshon	843780
Creative Writing	3rd	X					10am/noon	Members Home	Carole Giffen	391614
Dining Out	Last				X			Various	Jeanette Taylor	557450
Discussion Group 1	4th	X					2pm/4pm	Members Home	Audrey Kibby	666321
Discussion Group 2	4th	X					2-15/4-15pm	Members Home	Colin Porter	698377
Dog Walking	Weekly			X			10am/12-30		Sue Lewton	557040
Dress Making	2nd & 4th			X			7pm/9pm	Members Home	Pam Bushby	550229
Gardening	2nd	X					10-15/12-15	Various	Barbara Collins	669238
Genealogy	1st			X			10am/noon		Carole Giffen	391614
<b>GENERAL MEETING</b>	2nd		X				10-30/noon	Redcliffe Hotel, Marine Dr		
Keep on Singing	1st					X	2/3-30pm	Jasmyn House, Midvale Road	Rita Wood	559793
Knit & Natter	4th			X			2pm/4pm	Jasmyn House, Midvale Road	Brenda Russell	521544
Local History	1st	X					10-30/noon	Various	Diana Holdsworth	557578
Mah Jongg	3rd		X				7-30/9-30pm	Members Home	John Battison	690592
Music	3rd				X		10am/noon	Park Hotel, Esplanade	Jo Innes-Lumsden	812654
Patchwork	4th		X				10am/noon	Members Home	Norma Cox	525079
Photography	3rd		X				10am/noon	Members Home	Ron Collins	669238
Pins & Needles	3rd	X					10-30/12-30	Members Home	Jean Turnbull	403569
Play Reading	4th					X	2pm/4pm	Members Home	Wendy Penning	267734
Quiz	3rd					X	2pm/4pm	Paignton Library	Sue Allen	556522
Rummicub 1	3rd			X			7pm/9pm	Members Home	Sheila Biggs	524559
Rummicub 2	3rd			X			7pm/9pm	Members Home	Pam Bushby	550229
Rummicub 3 & 4	2nd & 3rd	X					2-00/4pm	Members Home	Gill Bowie	845116
Scrabble	2nd			X			2pm/4-30	Members Home	Elizabeth Mills	557215
Shakespeare	4th				X		10am	Members Home	Diana Holdsworth	557578
Skittles	3rd	X					5.30pm	Parkers Arms	Barbara Collins	669238
Spanish Conversation	Ad Hoc						6-8 wk-crse	Members Home	Carole Giffen	391614
Table Tennis	1st		X				2pm/4pm	Preston Con Club	Eugene Cox	525079
Textiles/Art	4th				X		2pm/4pm	Members home, Torquay	Jackie Martin	607314
Train Enthusiasts	3rd					X	10am/noon	Various	David Hudson	666293
Walking Group	3rd			X			am	Various	Norma Ellis	405517
Walking with L&P U3A	1st					X			Stan	550740
Wine Tasting	1st					X	8-10pm	Various	Marie Handyside	845336

(Subject to change -please check with group leader)