



*August 2016*

[www.paignton-u3a.co.uk](http://www.paignton-u3a.co.uk)

Dear Members

I know there is not usually a newsletter in August. This is just to keep everyone informed in what is happening within our U3A during the summer.

I walked along the seafront in Paignton on Thursday afternoon, so many people playing on the beach and sitting in the deck chairs, children playing and eating ice cream, it was lovely to see just like summer holidays when I was a child.

I have an email from Elizabeth Rae Chairman of Torbay U3A inviting everyone to come along to an "Education Day" at Torquay Academy in October. The details are below. I hope some of you may find this helpful.

HELLO! We are Torbay U3A

On Saturday 22nd. October 2016 we are holding an Education Day: 'Hear, Here!!' at Torquay Academy TQ2 7NU We'd like to tell you about it:

It's about Hearing Loss and the HELP that is available for those of us who are not hearing as well as we could! SUPPORT for those who share their lives with those who say they can hear but in reality, can't, and INFORMATION for all.

Three Audiologist from Torbay Hospital shall tell us about age related Hearing Loss and Tinnitus.

The Sensory team from Paignton has a display of gadgets designed to give practical support for those living with a hearing impairment. EMOTIONAL support also catered for.

The Audiologists from Torbay Hospital and their AQP colleagues are holding HEARING TESTS, without charge, in the sound proof music practise rooms at Torquay Academy throughout the Lunch break.

What is AQP? --- Come and find out! And you'll have an opportunity to meet our National Chair.

We are so fortunate that so many professional people have been so supportive and enthusiastic about our project.

### WE ARE NOT SELLING ANYTHING

Lunch and Coffee is included in the price. Vegetarian and Coeliac please advise.

The Day is subsidized. It is an Education Day and U3A is about Life Long Learning so our funds are absorbing some of the cost.

### DO COME ALONG AND JOIN US.

It's not going to be an 'Eat Your Greens' day.

Elizabeth Rae, Chair, Torbay U3A

As you may recall a Study Day was mentioned, possibly to be held at The Little Theatre. This is proving very difficult to arrange with the theatre, therefore we are looking for another venue and the Palace Theatre looks promising. I know you will groan and say parking is a problem but there are car parks nearby and you could car share. More information later.

### **Bridge**

This is a notice for the bridge group. The Paignton Club have asked us to change the day of our Thursday afternoon to a Wednesday afternoon. This is very unpopular with some of the members. The Paignton Club will be much busier on Thursday afternoons from September and they have asked us to change the day. Also on the Tuesday evening the Paignton Club may not be open from September. It has been suggested that the bridge group meet on the Thursday evening. I will keep everyone informed of what is happening.

**I hope you all enjoy the rest of the summer and as many people as possible will come to the Redcliffe on Tuesday 9<sup>th</sup> August to enjoy the music of High Society and catch up with friends.**

Barbara Collins Chairman