



November 2016

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A Message from your Chairman, Barbara

Dear Members,

I hope you have all been enjoying this amazing October, warm and mainly sunny. The trees have been putting on this incredible show of colour everywhere you look.

I will not be at the meeting on Tuesday; the first one I have missed for ages as Ron and I will be in London.

I have received an interesting e-mail from Oliver Warley from Liberty Bell Productions. They make factual programmes for major U.K. broadcasters. They are currently working on a brand new documentary about amazing senior citizens who defy their age, and perhaps encourage others that their lifestyle can truly be revolutionised when entering the next stage of life of post-retirement. I am sure this applies to some of our members who have done inspirational things during their lives and would be interested in passing the information on to others. If anyone is interested would they please speak to me and I will contact the company on their behalf?

I have been told not to ramble as this is very little space this month.

Kind regards

Barbara

Barbara Collins

BOOKSWAP at General meeting on 8th November. Novels, autobiographies, fiction, non-fiction paperback or hardback that you think other members might wish to read. Please no dusty tomes that have been languishing in your garage for fifty years!

2017 U3A diaries will be available at the General meeting for £2 each.

Cindy Ball has asked for help to do the register on those occasions when she is unable to attend the monthly General meetings. If you can help, contact Cindy on 411046.

If you are willing to occasionally give the Vote of Thanks at our monthly meetings then contact Barbara on 669238.

Trips & Outings & Events

IMPORTANT. For our **Westminster and Royal Albert Hall trip on Sun/Mon 20/21 November**, several people have requested that the coach starts from Garfield Road, Paignton. If you wish to take this option and have not already done so, please let Colin Porter know on 01803 698377. Please note the departure time will be 08.30am at Garfield Rd and we will pick up the rest of the party a few minutes later at Sainsburys Local at Preston.

Please remember to have some photographic ID just in case they think anyone looks suspicious.

ALVASTON Hall Holiday 19th Sept 2016

The holiday was not well supported by Paignton U3A members, but the coach company – Dunwood Travel – did allow it to go ahead with 23 from Paignton (not all U3A members) and eight from Dudley. We all had a wonderful time. Two excursions were included to Chester and Liverpool where some of us shopped! and others visited historical buildings. The entertainment by the Warner's team was also excellent, as were the food and rooms. Warner's Holidays are more expensive but worth every penny. Thanks to those who supported this non-profit making holiday. Cindy Ball Membership Secretary.

Longleat Day Trip 14th October 2016

Two coaches set off in drizzle from Paignton with 59 Paignton U3A members and 20 guests from Livermead & Preston U3A. As we neared Longleat, the sun came out and everyone had a lovely time visiting the Safari Park and historic house. This was designed to be a social rather than an educational trip, open to all Paignton U3A members and meant that people could get to know each other better. Thank you to Colin Porter for organising this.

Royal Marines Band Christmas Concert At Britannia Royal Naval College, Dartmouth

Tuesday 6 December Tickets £10. Please reserve seats by phoning 01803 832141 Extn. 7569

Drive to Park and Ride at top of town by 7pm latest and pick up special 'Tally Ho' Coach to BRNC. There is unlikely to be any on-site parking, but you could enquire if you are severely disabled.

Christmas Lunch on Friday 9th DECEMBER at 12.30 for 1pm will be held at the Hare & Hounds, between Torquay and Kingskerswell. The cost is £18 for two courses (Menu A) including £1 gratuity. Option to have 3 courses if wanted. There will be a limit of 60 places (45 taken to date) so to secure your place, please give Barbara a £5 deposit (£1 gratuity and £4 towards the cost of the meal).

Menu choices for starter and/or dessert need to be given either at the November General meeting or by e-mail/phone to Barbara by the end of November. Tables will be of eight and a seating plan will be available at the November meeting.

The balance of £13 for the two courses should be paid by cheque payable to Paignton U3A by the end of November. Any additional costs eg extra courses or wine will be payable on the day direct to the restaurant. Barbara Tel 01803 669238.

2 courses for £18 or 3 courses for £23. Coffee or tea £2

French Onion Soup with Gruyere Cheese & Croutons

Chicken liver parfait with date & fig chutney & toast

Mushrooms poached in garlic, apple-cured bacon & cream

Prawn cocktail

Goats cheese & sun-dried tomato tart

.....
From the carvery: turkey or beef or pork with all the trimmings

Nut & Lentil loaf with vegetable jus

Asparagus & pea ravioli with pesto & parmesan

Thai green vegetable curry & steamed rice

Beetroot & parmesan risotto

/cont

Baked salmon fillet with pea & parmesan risotto

Christmas plum pudding & brandy sauce

Rich chocolate pot, shortbread biscuit, raspberry couli

Stilton, biscuits & plum chutney

Lemon tart with warm berries

A Study Morning starting at 10.15am will be held on Friday 17th MARCH 2017 at the Redcliffe Hotel with talks on "Brunel in Torbay" and "Name-calling in Elizabethan Devon". More details later.

HOLIDAY SPRING BREAK SUGGESTIONS (maybe both if there is enough interest)

There is an offer from a discount holiday company to visit **JERSEY** flying from Exeter on Wednesday 8 March 2017 staying at the super 4 star St Brelades Bay Spa Hotel including 3 course dinners in their Fine Dining Restaurant. 3 Nights £249 inclusive. 5 nights £379.

This is subject to availability and please sign the list at the November meeting or contact Colin Porter NOW on 698377 if you are interested. You will be contacted quickly if it goes ahead.

4 day Cornwall Tour with Bennett Coach Travel £230pp + £36 single supplement.

Leaving Friday 31st March 2017 for 3 nights Dinner, Bed & Breakfast at the 3* Queens Hotel, Penzance, sea view rooms guaranteed.

Friday: Stop at Truro to enjoy a stroll round the city, visit the cathedral or enjoy a spot of lunch.

Saturday: Visit Land's End and St Ives. (Additional charges may apply to some attractions)

Sunday: Visit Port Isaac (Doc Martin location) and Padstow.

Monday: Travel home via the Barbican, Plymouth for a tour of Plymouth Gin (included) and chance to stroll around the Barbican & The Hoe.

Several members have expressed an interest in this trip so if you wish to come too, then e-mail Kate on kate@computerhotline.co.uk or Tel 01803 267527 by mid November. Details of deposits etc later when numbers known.

Afternoon Tea and Bed & Full English Breakfast, at the 5* Waldorf Hotel, London 2017:

Join Cindy on Sunday 3rd December 2017 (yes 2017) for a trip to London for afternoon tea with a variety of sandwich fillings on different breads, scones, delicate pastries, with a selection of teas & infusions.

Arrive at the Hotel for afternoon tea, with free time to sight see or take in a show if available.

Stay at the Hotel overnight and after breakfast a bit of Christmas Shopping, before leaving London around 2-30pm.

All this for £159pp with a single supplement of £60 – so find a friend to share your room with for just that one night!!

More information contact Cindy Ball on 01803 411046 before 15th November 2016 so the coach & hotel can be booked.

Forthcoming General Meetings

General Meetings 2nd Tuesday monthly 11.00 a.m. with coffee from 10.15a.m at the Redcliffe Hotel, Marine Drive

8 November Jenny Paten Paignton Zoo Now and then

13 December Peter Baffles Magic Show

Groups' News

GROUP LEADERS' LUNCH

The next Group Leaders' Lunch will be held on the morning of Wednesday 25th January 2017 at Jasmyn House. Further details will be given nearer the time.

NEW GROUP – Armchair Explorers?

We were wondering if there is any interest in having a short series of meetings exploring different countries/regions ie their food, language, history, politics, religion, sights etc. Nothing too demanding with perhaps a meal at the end. Barbara has said she may be willing to do Italy and I could do India. The idea is to cover anything we wanted to in 4 to 6 sessions so that there is no long term commitment by either the group leader or those attending. Other ideas are USA, Eastern Europe (Romania, Poland, Russia) France, Spain, South America. If you are interested or could even lead a mini series of meetings, please contact Kate on kate@computerhotline.co.uk or Tel 01803 267527.

BREAKFAST CLUB

Next meeting will be Friday 4th November, 9.30am at the Grand Central, Torbay Road, Paignton which is on the corner of Garfield Road.

December's meeting will be on Friday 2nd December, 9.30am at the Isaac Merritt, Torquay Road, Paignton, near the main Paignton Post Office.

If you are interested in joining us please give the organiser John Ball a call on 01803 411046.

BUS PASS GROUP

On Friday 25th November meet at Paignton Bus Station in time for the 9.30a.m. bus to Newton Abbot, then the 39 to Exeter via Chudleigh and Bovey Tracey. Returning on the X46. (the reduced frequency of the X46 to only four a day starts on 28th November, so we still will have some flexibility). The bus pass group will not meet in December as it is very near Christmas. Contact Barbara 01803 669238

LUNCHEON CLUB

On Wednesday 9th November, we will meet at the Old Manor Inn, Old Torquay Road, Paignton. Again there is a car park with bus services along Torquay Road, Paignton stopping a short walk away.

On Wednesday 14th December, the lunch will be at the Devonshire Hotel, Parkhill Road, Torquay. There is parking and a bus service (No. 62) from the Strand to the Hotel. This event will cost £18 as this is a three course meal, followed by afternoon entertainment, with tea/coffee and mince pies before leaving. Hope you can join us.

If you wish to attend any of these venues please contact Cindy on 01803 411046.

MAH JONGG GROUP

The afternoon Mah Jongg Group would welcome new members. If you would like to try a new game, quite different to your normal run-of-the-mill games, give us a try. Mah Jongg is an ancient Chinese table game which is quite easy to pick up and will keep you hooked, as a number of our U3A members have found.

Come along on the second Wednesday of the month, 2.30 till 4.30, at the Park Hotel on Paignton Sea Front; or speak to John Battison at the monthly meeting. Attendance £2 to include tea and biscuits.

PHOTOGRAPHY GROUP

Another month gone by and I am waiting for the annual Autumn display of the golden colours, providing the weather plays ball and doesn't blow all the leaves off the trees before I can get some photographs. I managed to get some shots last year along the walk by the River Bovey.

This month's competition proved to be quite a challenge; I think it took most of the group including me out of their comfort zone and I must admit I was surprised that Ruth's shot taken while she was flying over Alaska in a seaplane was voted into first place with Bob Tame's rough sea and Martin Betts' snowy scene both making joint second place. We had the usual discussion about the entries,.

After a short break for coffee and some really excellent cheese scones, Barbara always come up trumps (perhaps I shouldn't have said trumps but Clinton doesn't sound right) with her catering. We had a short demonstration on how to make a Photoshop brush to mimic lightning, and a very quick way to colour pop a picture.

Next month the competition theme is "Transport". There will not be a meeting in December so the theme for January 2017 will be "My Favourite Photo taken in 2016."

Keep snapping. Ron

TRAIN ENTHUSIASTS GROUP

There will not be a group meeting on Friday 18th November due to family commitments.

The next meeting of the train group will now be on Friday 20th January, venue to be confirmed.

It is hoped to have a special lunch celebrating four years of the group. At the moment we are thinking of 20th January, to follow on after the group meeting. Would any member who may be interested in joining us, please let me know by 18th November? David tel. 666293.

WALKING GROUP

It was a lovely sunny and pleasantly warm Autumn day for the October walk from Dartmouth up to Dartmouth Castle and on to Little Dartmouth which was led by Audrey Wilcox.

On the 16th November, Linda Nuttall will be the leader for a circular walk from Brixham around Berry Head. We will catch the No.12 Bus to Brixham from Paignton Bus Station leaving at 10 30 a.m. The walk will be around 3 to 4 miles long and will include a coffee and comfort break at a café en route.

Please ring Linda on 01803 664324 before 9 00 am on the day if you intend to join the walk. Jim Cairns

PS Date for your new 2017 U3A Diary....we will be holding our annual Walking Group planning meeting in Paignton on the morning of Wednesday, 18th January, 2017 Keep this date free! Details to follow.

Contributions from our members

A pensioner drove his brand new Mercedes to 100 m.p.h. Looking in his rear view mirror he saw a police car behind him. He floored it to 140, then 150, ... then 155 ... Suddenly he thought, "I'm too old for this nonsense !" So he pulled over to the side of the road and waited for the police car to catch up with him.

The officer walked up to him, looked at his watch and said, "Sir, my shift ends in ten minutes. Today is Friday and I'm away for the weekend with my family. If you can give me a good reason that I've never heard before, why you were speeding... I'll let you go."

The man looked very seriously at the policeman, and replied, "Years ago, my wife ran off with a policeman. I thought you were bringing her back !!!"

The cop left saying, "Have a good day, Sir ".

Your Committee for 2016 to 2017

Chairman– Barbara Collins	Tel: 01803 669238	Email: barbara@bes1.co.uk
Vice Chair & Groups' Co-ordinator – Carole Giffen	Tel: 01803 391614	Email: carolegif@yahoo.co.uk
Treasurer – Colin Gee	Tel: 01803 552055	Email: colandmo@btinternet.com
Secretary – Jackie Martin	Tel: 01803 607314	Email: 1martin@talktalk.net
Membership Secretary – Cindy Ball	Tel: 01803 411046	Email: cindy1945@hotmail.co.uk
Speakers & Trips Secretary – Colin Porter	Tel: 01803 698377	Email: colintippy@onetel.com
Audio Visual – Steve Ward	Tel: 01803 403484	E-mail: mands_dolphin@hotmail.com
Publicity Officer – David Hudson	Tel: 01803 666293	Email: halbutt@gmail.com
Committee member – Brenda Russell	Tel: 01803 521544	
Committee member – Dina Williams	Tel: 01803 906349	E-mail: catcrazy47@gmail.com
Committee member- Maureen Tudor	Tel: 01803 665475	E-mail: maureen.tudor@sky.com
Newsletter Editor – Kate Parsons	Tel: 01803 267527	Email: kate@computerhotline.co.uk

The next Committee meeting will be on Tuesday 6th December at 10.30am at Jasmyn House, Midvale Rd, Paignton. If members have any issues that they would like brought to the committee's attention, please can they let Barbara or another committee member know?

PAIGNTON U3A DETAILS OF GROUPS

Activity	When	M	T	W	TH	F	Time	Location	Organiser/s	Phone
Art	3rd				X		10am/noon	Jasmyn House, Midvale Road	Wendy Leishman	522407
Book Club	1st				X		10-30/noon		Marion Whiter	403323
Breakfast Club	1st					X	9.30am	Various	John Ball	411046
Bridge -Beginners & Improvers	Weekly				X		2-15/4.30pm	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	669238 606053
Bridge -Intermediate	Weekly		X				7-30/9-30	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	669238 606053
Bus Pass Group	4th					X	Various	Various	Barbara Collins	669238
Coffee Morning	4th	X					10-30/noon	Redcliffe Hotel, Marine Dr	Judy Punshon	843780
Creative Writing	3rd	X					10am/noon	Members Home	Carole Giffen	391614
Dining Out	Last				X			Various	Jeanette Taylor	557450
Discussion Group 1	4th	X					2pm/4pm	Members Home	Audrey Kibby	666321
Discussion Group 2	4th	X					2-15/4-15pm	Members Home	Colin Porter	698377
Dog Walking	Weekly			X			10am/12-30		Sue Lewton	557040
Gardening	2nd	X					10-15/12 noon	Various	Barbara Collins	669238
Genealogy	1st			X			10am/noon		Carole Giffen	391614
Knit & Natter	4th			X			2pm/4pm	Jasmyn House, Midvale Road	Brenda Russell	521544
Local History	1st	X					10-30/noon	Various	Diana Holdsworth Cindy Ball	557578 411046
Luncheon Club	2nd			X				Various		
Mah Jongg (afternoon)	2nd			X			2.30/4.30	Park Hotel, Esplanade	John Battison	690592
Mah Jongg (evening)	3rd		X				7pm/9pm	Members Home	Pam Bushby	550229
Music Appreciation	3rd				X		10am/noon	Park Hotel, Esplanade	Colin Porter	698377
Patchwork	4th		X				10am/noon	Members Home	Norma Cox	525079
Photography	3rd		X				10am/noon	Members Home	Ron Collins	669238
Pins & Needles	3rd	X					10-30/12-30	Members Home	Jean Turnbull	403569
Play Reading								Temporarily suspended		
Poetry for Fun	3rd					X	2-30/4-30pm	Members Home	Mona Gee	552055
Quiz	3rd					X	2pm/4pm	Paignton Library	Carol Owens	551237
Rummicub 1	3rd			X			7pm/9pm	Members Home	Sheila Biggs	524559
Rummicub 2	3rd			X			7pm/9pm	Members Home	Pam Bushby	550229
Rummicub 3 & 4	2nd & 3rd	X					2-00/4pm	Members Home	Gill Bowie	845116
Scrabble	2nd			X			2pm/4-30	Members Home	Elizabeth Mills	557215
Skittles	3rd	X					5.30pm	Parkers Arms	Barbara Collins	669238
Table Tennis	1st & 3rd		X				2pm/4pm	Preston Con Club	Eugene Cox	525079
Train Enthusiasts	3rd					X	10am/noon	Various	David Hudson	666293
Ukelele for Beginners	1st & 3rd			X			2pm/3pm	Lupton House	John Morgan	844363
Walking Group	3rd			X			am	Various	Norma Ellis	405517
Wine Tasting 1	1st					X	8-10pm	Various	Marie Handyside	845336

(Subject to change -please check with group leader)