



September 2017

www.paignton-u3a.co.uk

Thought of the month:

**Life is short = live it; Love is rare = grab it; Anger is bad = dump it;
Fear is awful = face it; Memories are sweet = cherish them. ANON**

I have received a supply of 2018 U3A pocket diaries. I will be selling these at the next monthly meetings for £2.50. Kate

A Message from your Chairman, Rodger

Well, that's summer done and dusted!!!! Although let's hope for a wonderful autumn! But let's remember those wonderful days we enjoyed - as a group and also with families and individually. Walks, picnics, bbqs, trips, holidays, laughter and sadness, sickness and health and as a result - LESS wealth!!!! Festivals, regattas, funfairs, circuses, fireworks, and the list goes on.....

Some of our members have had times of sickness, hospitalisation, some still recovering - maybe for a long period, some have had bereavement s); included in this list we must not forget partners / wives / husbands of group members. Many of our number need support and encouragement, whoever are they, wherever are they, share any information in confidence with any committee member - if you don't tell we will not know!!!!

Now, we return to a season of activities with monthly general U3A meetings, regular groups meetings, new groups being formed, members suggesting new groups, special events, new events,

Christmas events – YES that is soon on us again. Collect your Christmas meal menus and booking form from the table at the door, from the 'Meet and Greet' team; NO deposit means NO booking!!!! Don't forget to come and support our group at the Inter-U3A Quiz day on 2nd October, see further down for details. COME ON PAIGNTON!!!!

One of the agreed changes (no doubt other changes will follow!!), is that the committee has found it necessary to charge 25p for a printed copy of the newsletter; those who have e-mails will still get theirs free, those who have the newsletter by post will still receive it the same way..

The popularity of Paignton U3A keeps on G O I N G; we have a number of new members this month attending for their first time. Let's welcome them, oh you ask, 'how will I know one?'; just speak to someone you have not spoken to before, and say 'Hi,.....'; then see what happens!!!!

Rodger

Events, Trips, Holidays and Outings

As a matter of courtesy, please will anyone who has booked a day trip or holiday let the organiser know if you are unable to come as soon as possible.

Please see Colin Porter (Tel: 01803 698377) or Carol Haggett (Tel: 01803 555304) for availability and details.

ALL ABOARD THE DART PRINCESS on Friday 15th September for a two hour **Sunset Cruise** (All tickets sold.) Leaves at 6pm from Paignton Harbour or 6.15pm from Living Coasts landing stage, Torquay. Colin Porter Tel: 01803 698377 or E-mail: colintippy@onetel.com

The final payments for your **Lincoln holiday with Majestic Tours from 18 September** should have been made and your pick up point conveyed to Colin. Pick ups are Garfield Road, Paignton 7am; Bus Shelter, Preston 7.10am; Wighton Pub, Newton Rd., Torquay 7.20am. Returning early evening Friday 22nd. Contact Colin Porter.

As 2016 winners, Paignton U3A will be hosting the **ANNUAL INTER-U3A QUIZ** this year on **Monday 2nd October** at 10am at the Redcliffe Hotel. **The Quiz group is fielding two teams of four but if anyone else wishes to participate, we can have several more teams.** If you

would like to just watch and learn and encourage your Paignton teams against teams from Exeter, Exmouth, Sidmouth and Torquay that would be appreciated. Contact Carol Owens.

APPRAISAL OF ANTIQUES DAY on **Wednesday 1st November** followed by optional lunch at South Devon College Horizons restaurant [cost approx. £7.50 for 2 courses but please book]. Experts from Exeter's top firm of auctioneers, Bearnese, Hampton and Littlewood will be available to value and talk about your valuables from 10am in the Horizons Restaurant. If you wish to submit items, please register **now** by signing the list at general meeting. There is no guarantee that all items will be assessed if there are numerous entries. It would be helpful if you can submit pictures in order for some research to be done in advance. Please note all entries are submitted at owners risk and should be insured individually. There will be an opportunity to arrange for items to be auctioned later if so requested. Details can be obtained on the day. Colin Porter 698377 or E-mail: colintippy@onetel.com

WORDS and MUSIC CONCERT. An afternoon of entertainment in the restaurant of the Redcliffe Hotel on **Wednesday 15th November** to start at 2.30pm. We are planning to have several performers on the theme of "All for Love" with love songs, music, verse and amusing readings which will last about one hour followed by tea. Cost will be £5 per person to include a cream tea and tickets will be available at the July general meeting. The ticket price has been subsidised using funds from the Paignton U3A Social Account which is separate from the U3A Charity Account and initially will be available to Paignton U3A members only. Contact Barbara Collins on 01803 669238 or E-mail: barbara@bes1.co.uk

Paignton U3A Christmas Lunch 2017 at Churston Golf Club on Friday 8th December at 12 for 12.30pm. Enquiries to Rodger Smith on 391966 or drodgersmith@outlook.com or sign up at the general meeting.

The No 12 bus passes the Club House and there is ample parking.

A non-returnable deposit of £10 per person is required to reserve your booking by **10th October** and with full and final payment of the balance by **7th November**.

We have been offered a choice of TWO menus as follows which need to be pre-ordered.

A) a two or three course meal with many wonderful choices (£21.50 for two courses; £24 for 3 courses)

B) a hot or cold buffet for £20.75

The above prices include a £1 gratuity.

Full menu details at the monthly meeting but to whet your appetite.....

A

Parsnip & Carrot Soup/ Chicken Liver Pate/ Beetroot & Mushroom Salad
Turkey/Beef/Salmon/Mushroom & Chestnut Tart
Christmas Pudding /Yule Log /Lemon Pavlova
Coffee & Mince Pies

B
Turkey, Ham, Cranberry Pie
Roast salmon
Mushroom & Chestnut Stroganoff
Roast potatoes/sprouts
Various salads
Christmas Roulade/Trifle/Poached pears

Coach trip to THE CORNWALL GARDEN SOCIETY SPRING FLOWER SHOW at BOCONNOC and LOOE. Sunday 8th April 2018. We will have approximately 3 hours at the flower show, where *“at the heart of the show will be the exuberant display of the competitive classes, with the camellias, daffodils, rhododendrons and ornamental shrubs and trees guaranteeing a brilliantly colourful spectacle of the highest quality. With over 100 trade stands, show gardens and gardening experts on hand there is plenty for visitors to see, do and buy.”* Following this visit we will travel the short distance to Looe for a meal (good location for ‘Fish & Chips’ – not included). Price includes admission to Boconnoc Gardens, Lostwithiel and coach for members of Paignton U3A as the coach only has 48 seats! Tickets will be available from early January for £20 but you can express your interest now. Contact Cindy Ball on Tel: 01803 411046 Email: cindy1945@hotmail.co.uk

Forthcoming General Meetings

General Meetings 2nd Tuesday monthly 11.00 a.m.

Coffee from 10.15a.m at the Redcliffe Hotel, Marine Drive, Paignton

Tuesday 12th September

Marilyn Bishop

Art Fakes & Forgeries

Marilyn is a former lecturer in Art at Plymouth College of Art & Design and has also been a guest speaker on several cruises.

Tuesday 10th October

Ian Handford

Life and Times of Oscar Wilde

Tuesday 7th November (one week earlier than normal)

Richard Haigh

The Sicilian Mafia

Tuesday 12th December

Brian Freeland

A View from the Wings

Brian's theatre career started direct from National Service, in 1959, as Trainee Manager at the London Palladium, and has taken him to forty-three different countries including three residencies in the Middle East; eight tours of the Indian sub-continent and two circumnavigations of the globe. He has worked with the Royal Shakespeare Company, the National Theatre, Sadler's Wells and London Festival Ballet Companies, Scottish Opera, Nottingham Playhouse and Joan Littlewood's Theatre Workshop Company.

Groups' News

The next **copy deadline for the newsletter** is Wed 4th October 2017.at 5pm.

Rosemary Shuffell, Groups' Co-ordinator is arranging an informal Group Convenors' meeting on Monday 25th September at The Paignton Club, 1 The Esplanade, Esplanade Rd, Paignton from 10.30 am to 1pm. Please can you let Rosemary whether you are able to come.

ARMCHAIR EXPLORERS

Our next meeting of this group will be on the topic of Poland at Andrej's home in Preston on Saturday 16th September. Contact Kate on kate@computerhotline.co.uk or Tel 01803 267527.

BREAKFAST CLUB

We meet, normally on the first Friday of the month about 10am to enjoy a local 'breakfast' and have plenty of chat. If you would like to join us please contact the organiser **John Ball** on 01803 411046, as places have to be reserved at the venues, which are normally located in Paignton town centre area.

Next meetings: Friday 8th September 2017 at Chandlers, Torbay Road, Paignton.

Friday 6th October 2017 at The Isaac Meritt, Torquay Road, Paignton.

Friday 3rd November 2017 at Grand Central, Torbay Road, Paignton.

Friday 1st December 2017 at The Isaac Meritt, Torquay Road, Paignton.

DISCUSSION GROUP 2

We have vacancies for up to 2 people for lively discussion and much amusement. Next meeting Monday 25th September at 2.15pm. Contact Colin 698377.

LUNCHEON CLUB We meet normally on the second Wednesday of the month at various venues in the Bay, about 12 noon for 12-30pm where we enjoy the hospitality of the venue and good meals. Should you wish to join us please contact the organiser **Cindy Ball** on 01803 411046, as places (and sometimes menu choices) have to be pre-booked.

Next meetings: Wednesday 13th September 2017 at The Beefeater, Whiterock, Paignton.

NOTE change of Venue

Wednesday 11th October 2017 at The Babbacombe Inn, Babbacombe Downs, Torquay.

Wednesday 8th November 2017 at Brewers Fayre, Goodrington Sands, Paignton.

Wednesday 13th December 2017 at Churston Golf Club, Churston, Brixham.

All these venues have a bus service nearby with a short level walk.

MUSIC APPRECIATION GROUP

resumes at 10am at the Park Hotel Paignton on Thursday 21st September with the topic "BALLADS SONGS AND SNATCHES" presented by John Battison.

At our 17th October meeting we have THE STORY OF JAZZ with a live Jazz musician speaking and demonstrating..... Sounds Fun. **Colin Porter**

POETRY GROUP

We have had a good response to the idea of a new poetry group and the first meeting will be at Jean Benskin's house on FRIDAY SEPTEMBER 22nd from 2.00 to 3.30. We look forward to seeing those of you

who have said you would like to join and any other members who would be interested. Please phone Jean-550139, or me -845336 for details of the venue and any other information. **Marie Handyside**

PHOTOGRAPHY GROUP

Well quite a turnout in July, but we managed to squash everybody in; we even had one of the members sitting on the floor. We had twenty two entries for this month's contest on the theme of "Oldway". James Cairns' poster sty shot made it to the first spot, Martins Betts' shot of the pillars and decorations on the front of the building was second and making the third spot Bob Tame's frontal shot of the villa from the croquet lawn. After a break there was a session on converting colour photographs to black and white shots using software.

There was no meeting in August so the theme for the September meeting will be "Reflections" and October's theme will be "Black and White" Keep snapping, Ron

SKITTLES

Skittles will be on Monday 18th September at 5.30p.m. at Preston Conservative Club. Do come along; its good fun. Contact **Barbara Collins** on 01803 669238 or just come along.

Frank Wye has asked us to let you know of: Another Free Day Out with Ageing Well Torbay

Following the success of the events at Torre Abbey and the Central Church, Ageing Well are arranging a whole day of free activities on 30th September at Lupton House, Churston. It starts at 10.15am and goes on until 5.30pm. The theme this year is the 60's with a costume competition (if you can still fit into your 60's clothes)! With talks on Ghosts, the history of Lupton House, Fraud and Scams and the 1960's. There will also be Workshops/Activities on Tai Chi, Jewellery making, Yoga, Guided Meditation and a Comedy Workshop. There will once again be an advice corner on IT, genealogy, legal issues and benefits. Dancing and Music will also be available with tea and cake, and there will be food available from the excellent tea room at Lupton House.

Lupton House is on the main road between Churston and Brixham, on the main No12 bus route, with a minibus service up the long drive. Parking will be on the Steam Fair field, again with a minibus service. If you have mobility problems then a free minibus service from your home is available, but you must book it with the Ageing Well office on 01803 212638.

Your Committee for 2017 to 2018

Chairman— Rodger Smith	Tel: 01803 391966	Email:drodgersmith@outlook.com
Vice Chair - Carol Owens	Tel: 01803 551237	Email: nanadance19@yahoo.com
Treasurer – Colin Gee	Tel: 01803 552055	Email: colandmo@btinternet.com
Secretary – Kate Parsons	Tel: 01803 267527	Email: kate@computerhotline.co.uk
Membership Secretary – Cindy Ball	Tel: 01803 411046	Email: cindy1945@hotmail.co.uk
Groups' Co-ordinator – Rosemary Shuffell	Tel: 01803 842601	Email: rose.shuffell@gmail.com
Speakers Secretary – Colin Porter	Tel: 01803 698377	Email: colintippy@onetel.com
Trips /Holidays Co-ordinator— Colin Porter	Tel: 01803 698377	Email: colintippy@onetel.com
Audio Visual – John Mathews	Tel: 01803 267469	Email: johnmathews52@yahoo.com
Publicity Officer – David Hudson	Tel: 01803 666293	Email: halbutt@gmail.com
Committee member- Sheila Wenman	Tel: 01803 844162	Email: sheilawen@btinternet.com
Newsletter Editor – Kate Parsons	Tel: 01803 267527	Email: kate@computerhotline.co.uk

The next Committee meeting will be on Tuesday 3rd October at 10.30am at the Park Hotel Paignton. If members have any issues that they would like brought to the committee's attention, please can they let a committee member know?

The committee is still looking to co-opt someone who will be able to take over the Treasurer's role in April 2018 when Colin Gee must retire as he has been Treasurer for the maximum term of six years. Ideally this person should "shadow" Colin prior to taking over and start their own system of book-keeping etc from February 2018. If you feel able to help please contact Colin for an informal chat.

Sarah Malcolm has kindly agreed to provide a "Listening Ear" for members of Paignton U3A. If anyone needs to talk in confidence about their problems, Sarah is only a phone call away and she will try to signpost you to sources of help. Contact Sarah on 01803 698554.

The committee has decided it will charge 25p for a printed copy of the monthly Paignton U3A newsletter from September whether you are on e-mail or not; the actual cost to us being 50p each. Of course you can still receive your copy well before the monthly meeting by e-mail for free.

Co-op Fund

The committee has now purchased a laptop for speakers to make PowerPoint presentations at our general meetings. It is available for any groups to use too. We are also looking into an improved sound system for the general meetings. Contact John Mathews for more details.

If any groups wish to be considered for funding then the committee will be sympathetic to requests for equipment which will remain the property of Paignton U3A. We have already agreed to the purchase of computer software for the Photography Group to enable Ron to teach the group how to enhance their digital photographs.

Any outings that groups would like funding for should be open to all members of Paignton U3A and be full costed and meet the insurance/financial requirements of the Third Age Trust. Applications in writing/email please to Rodger.

National Office

The next national magazine Third Age Matters and Sources will be sent to you on 15th September. The cost of the magazine is funded from the Capitation Fee of £3.50 per year which we send to the National Office. However, Paignton U3A pays £2.40 a year for each member towards postage and distribution costs.

The total income from the 1000+ U3As in the UK is about £2.7 million with about half of this coming from the Capitation Fee.

This is spent on Raising the profile of the U3A movement (26%), Providing management and support to U3As (24%), Supporting Learning and promoting self-help learning (41%), Facilitating Growth of the U3A movement (7%); Merchandising costs 1%.

PAIGNTON U3A DETAILS OF GROUPS

Activity	When	M	T	W	TH	F	Time	Location	Organiser/s	Phone
Armchair Explorers	Variable							Variable	Kate Parsons	267527
Art	3rd				X		10am/noon	Jasmyn House, Midvale Road	Wendy Leishman	522407
Book Club	1st				X		10-30/noon		Marian Whiter	403323
Breakfast Club	1st					X	9.30am	Various	John Ball	411046
Bridge -Beginners & Improvers	Weekly				X		2-15/4.30pm	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	669238 606053
Bridge -Intermediate	Weekly		X				7-15/9-30	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	669238 606053
Coffee Morning	4th	X					10-30/noon	Redcliffe Hotel, Marine Dr	Judy Punshon	843780
Creative Writing	3rd	X					10am/noon	Members Home	Carole Giffen	391614
Dining Out	Last				X			Various	Jeanette Taylor	557450
Discussion Group 1	4th	X					2pm/4pm	Members Home	Audrey Kibby	666321
Discussion Group 2	4th	X					2-15/4-15pm	Members Home	Colin Porter	698377
Gardening	2nd	X					10-15/12 noon	Various	Kate Parsons	267527
Genealogy	1st			X			10am/noon		Carole Giffen	391614
Knit & Natter	4th			X			2pm/4pm	Jasmyn House, Midvale Road	Janette Smith	391966
Local History	1st	X					10-30/noon	Paignton Library	Diana Holdsworth	557578
Luncheon Club	2nd			X				Various	Cindy Ball	411046
Mah Jongg (afternoon)	2nd			X			2.30/4.30	Park Hotel, Esplanade	John Battison	690592
Mah Jongg (evening)	3rd		X				7pm/9pm	Members Home	Pam Bushby	550229
Music Appreciation	3rd				X		10am/noon	Park Hotel, Esplanade	Colin Porter	698377
Patchwork	4th		X				10am/noon	Members Home	Norma Cox	525079
Photography	3rd		X				10am/noon	Members Home	Ron Collins	669238
Pins & Needles	3rd	X					10-30/12-30	Members Home	Jean Turnbull	403569
Poetry	4th					X	2.00/3.30	Members home	Marie Handyside	845336
Quiz	3rd					X	2pm/4pm	Paignton Library	Carol Owens	551237
Rummicub 1	3rd			X			7pm/9pm	Members Home	Sheila Biggs	524559
Rummicub 2	3rd			X			7pm/9pm	Members Home	Pam Bushby	550229
Rummicub 3 & 4	2nd & 3rd	X					2-00/4pm	Members Home	Gill Bowie	845116
Scrabble	2nd			X			2pm/4-30	Members Home	Elizabeth Mills	557215
Skittles	3rd	X					5.30pm	Preston Conservative Club	Barbara Collins	669238
Social afternoon	2 nd					X	2.30pm/4pm	Park Hotel, Esplanade	Rodger Smith	391966
Table Tennis	1st & 3rd		X				2pm/4pm	Preston Con Club	Eugene Cox	525079
Walking Group	3rd			X			am	Various	Norma Ellis	405517
Walking Group	1st					X	am	Various	'Stan' Stanislaus	07732015457
Wine Tasting 1	1st					X	8-10pm	Various	Marie Handyside	845336

(Subject to change -please check with group leader)