

**25p or free on-line or by email**



*December 2018*

[www.paignton-u3a.co.uk](http://www.paignton-u3a.co.uk)

***Message from your Chair, Rodger***

Well it has come – December is here; the carols are on the radio and TV, the adverts in the press, stocks in the stores and we can't delay any more,

**HAPPY CHRISTMAS EVERYBODY!!!!**

Looking back, what a year we have had; blast from the east, heatwaves, droughts, and heavy rains causing flooding. Even a major fire in our town, that has changed the landscape for many people. We must never forget those who have suffered the effects of the weather and events over the last twelve months.

While we are looking back, let's not forget that some of our members have lost loved ones – partners, family and friends; let us together support and encourage them.

This month – **'IT'S PARTY TIME'**, no 'speaker' as such, but some of our members have arranged items for our meeting, and we welcome the **TEIGN AGERS**, who are coming to give us a 30 minute performance, as part of our celebrations. So, come with your hats, pullovers, and singing voices, and let's enjoy our time together. Oh, by the way, I almost forgot, the committee has agreed to free tea or coffee and a mince pie!!!! Sorry, now the bad news, we still pay our attendance fee!!!!

Now, looking forward; we know not what the future holds, but, together we look forward to a time of togetherness, assisting each other, spending time enjoying each other's company.

Spend some time over the next couple of weeks to see how YOU can assist in the running of our group, how much time can YOU spare to help our members? What can YOU offer that will benefit the group? **"Let us be thankful for what has passed, and now be hopeful for what is to come!"**

***Rodger***

## ***Committee News***

### **HELP REQUIRED**

We are asking any members who can help to run your U3A to get in touch. The AGM Nomination Forms for trustees will be available at the January Speaker Meeting on 8<sup>th</sup> January with your membership renewal forms on the Membership Desk. We will also have a Recruitment Desk where members can find out where they might be able to help, whether as a trustee or to regularly or even occasionally provide the support needed to run your U3A (for example Jerry Handyside is Paignton U3A webmaster, Sarah Malcolm provides a Listening Ear and Ron Collins e-mails out the monthly Newsletter, none of whom are trustees or attend committee meetings). All help is very much appreciated and we estimate that 20 to 30 people are needed with up to 12 of these being trustees.

If any members feel they are able to help in any way either now or after April, please get in touch with Rodger (391966) or Kate (267527) to find out more.

### **NEWSLETTERS**

**As a 4 month trial, we are reducing the January, February, March & April Newsletters to a single double-sided sheet. The list of groups will not therefore be there. The present 6 to 8 side newsletter costs about 50p to print and the important information is lost amongst the words which are often repeated each month. Members will be asked for their opinion at the AGM.**

The next Committee meeting will be on Tuesday 5<sup>th</sup> February at 10.30am. Venue: The Redcliffe Hotel. If members have any issues that they would like brought to the committee's attention, please can they let a committee member know?

## ***Your Committee for 2018 to 2019***

### **Trustees/Committee Members**

Chairman—**Rodger Smith**

Tel: 01803 391966

Email:drodgersmith@outlook.com

Treasurer —**Avril Leitch**

Secretary/Newsletter Editor – **Kate Parsons**

Tel: 01803 267527

Email: kate@computerhotline.co.uk

Groups' Co-ordinator – **Sue Lewton**

Tel: 01803 658051

Email: suelew@btconnect.com

Audio Visual – **John Mathews**

Health & Safety - **Steve Ward**

## ***Events, Trips, Holidays and Outings***

**As a matter of courtesy, please will anyone who has booked for an event, let the organiser know if you are unable to come as soon as possible.**

We have enough interest from members to attend a **Workshop on Powers of Attorney**. This will be held in the Isadora Duncan Suite at the Redcliffe Hotel on Tuesday 26<sup>th</sup> February from 2.30 to 4.30pm. **Kate Parsons**

We have enough interest in a **Workshop on Dementia**. This will be held on Tuesday 19<sup>th</sup> March from 2.00 to 3.30pm . **Sue Lewton**

**Three Day Tour Sunday 31/03/19 – Tuesday 02/04/19 organised by Torbay U3A  
Stratford upon Avon, Blenheim Palace & Clarks Village Outlet**

We will set off on Sunday, stopping en route at Stratford Upon Avon for some sightseeing before boarding our coach for our onward journey to the 4\* Mercure Walton Hall Hotel & Spa in Wellesbourne near Warwick for our first 3 course evening meal.

On Monday, we will board our coach and take a short journey to Blenheim Palace, the home of the 12th Duke and Duchess of Marlborough and the birthplace of Sir Winston Churchill. Here we can wander at our own pace and explore this beautiful historic house and grounds before returning to our hotel in time for our evening meal.

After breakfast we will board the coach for our homeward journey stopping en route at Clarks Village Outlet in Somerset for some shopping therapy before arriving back in time for dinner in Torbay.

**Includes :**

- \* 2 nights three course dinner, bed & full English breakfast
- \* Admission and personal audio guide to Blenheim Palace & Gardens
- \* Free time in Stratford-Upon-Avon
- \* Free time in Clarks Village Outlet upon return
- \* Travel by private 38 Seater coach

**£199.00 per person based on two sharing twin / double room**

**Single supplement £25pp**

**Deposits: £50 per person**

*Please note that all payments are non refundable unless the trip is cancelled or rescheduled by Torbay U3A. Members may however name a substitute to take their place.*

Contact: Cathy Walls (Outings Organiser) Tel: 01803 269650 or (m) 07983167588

***Forthcoming General Meetings***

General Meetings **usually** 2<sup>nd</sup> Tuesday monthly 11.00 a.m.

Coffee from 10.15a.m at the Redcliffe Hotel, Marine Drive, Paignton

**Tuesday 11<sup>th</sup> December**

**CHRISTMAS PARTY TIME**

Carol Singing with the Teign Agers, Groups Displays, Mince Pies

**Tuesday 8<sup>th</sup> January**

**SECRETS OF ALTERNATIVE MEDICINE**

**Dr Richard Rawlins**

**Tuesday 12<sup>th</sup> February**

**BENEATH THE WAVES Life of a Submariner**

**Mark Cooper**

**Tuesday 12<sup>th</sup> March**

**WILLIAM FROUDE ENGINEER & NAVAL ARCHITECT**

**born in Totnes, lived in Torquay**

**Ken Faulkner**

**Tuesday 9<sup>th</sup> April**

**ANNUAL GENERAL MEETING**

## ***From our Members***

CHRISTMAS SORTED "OPEN HOUSE" raised £400 for ROWCROFT HOSPICE. Thanks for your support.  
Penny Avery

**Following on from previous years, anyone wishing to join us on Christmas Day for lunch and tea (singles or couples) you are more than welcome for a voluntary contribution perhaps. From 12 noon until 6pm. Please advise in advance! Sarah Malcolm, 18 St Andrew's Road, Paignton. Tel 01803 698554**

### ***Groups' News***

The next **copy deadline for the newsletter** is Wed 2<sup>nd</sup> January at 5pm as the copy is sent to the printers at 5.30pm. Remember it will be a short-form news sheet.

There will be a Group Convenors' meeting in January. **Sue Lewton**

#### **ART GROUP**

During the last few months, the photography, creative writing and art groups have collaborated in the following activity. The Photography group sent a selection of their photographs to the Creative Writing group. The Writing group members chose a photograph each and created a story around the photograph. The stories were then passed on to the Art group. The Art group members had then to paint a picture from the story without seeing the photographs.

My members took on the challenge to paint a picture from these stories. The collaboration between the groups was very well received and you can see the results at the December meeting. I would like to thank my art group for the enthusiastic way in which they tackled the challenge. I think you will agree they did a very good job.

Wendy Leishman.

#### **GERMAN CONVERSATION GROUP**

To date we have three people interested in a German Conversation Group. It will be held at a member's home in Sandringham Drive on 4th Tuesday of the month, 10.30-12.30, starting 22<sup>nd</sup> January. Would this interest you? Contact Linda Tel: 07925 617766

**SUNDAY TEA & CHAT** at Sarah's, Merlin House will not continue due to lack of interest from our members. Any suggestions for alternative times and venues for those who feel alone or need a listening ear welcome. I am still here as a confidential listener. Contact **Sarah** on 01803 698554.

**Monthly Monday COFFEE MORNINGS** at the Redcliffe will not continue due to lack of interest from our members.

#### **New Group CANASTA**

How about adding a bit of Latin American colour and excitement to your life; no, not dancing, but Canasta. We had a successful first meeting in September and you are welcome to come and join in

- singles, beginners or experienced. The day for our meeting has been changed, because the current day conflicts with other U3A events. Please note the day will now be Friday afternoon - 2nd and 4th Friday monthly at 2.00 pm at my home in Broadsands. Already, this has resulted in new members joining us. Ring **Avril** on 01803 842889

### **ARMCHAIR EXPLORERS**

We will be meeting at my house on 15th December to explore Romania. **Barbara Collins** 01803 669238 or email [barbara@bes1.co.uk](mailto:barbara@bes1.co.uk).

### **BREAKFAST CLUB**

We meet on the first Friday of the month at Grand Central, Torbay Road, Paignton, which at the present time gives us good value for money and what is considered one of the best breakfasts in Paignton. We always meet at 9-30am for 10am. So if you wish to join us for some light chatter and good hearty breakfast please let John Ball know on 01803 411046.

### **HANDICRAFT GROUP**

The renamed HANDICRAFT GROUP meets on the fourth WEDNESDAY each month at the BRIGHT BEAN CAFÉ, (note the change of venue). With NO group in December because of the holidays, we start again on WEDNESDAY 23RD JANUARY. Come along, bring your handicraft – whatever your preference is – and over a cake and cuppa, enjoy an afternoon together. Details from **Janette** on 391966.

### **LUNCHEON CLUB**

We meet on the second Wednesday of the month at venues throughout the area, so do join us for a relaxed gathering of friends and a nice meal of your selection. Should you wish to join our friendly lunch group please contact the organiser Cindy Ball on 01803 411046.

### **MUSIC APPRECIATION GROUP**

End of season special Thursday 20th December (meet outside Preston Baptist Church at 10.30am to car share at BRUNEL MANOR Maidencombe, Torquay.

Andre Roux Christmas Spectacular on DVD followed by 2 Course Lunch of either Jacket Potato and filling with Salad & Dessert and coffee £10 or Beef Bourguignon and vegetables, Dessert & Coffee £15. Everyone welcome to join the celebration. Please book with [colintippy@onerel.com](mailto:colintippy@onerel.com) Tel 01803 698377 Thank you Colin

### **PHOTOGRAPHY GROUP**

Well we have had our last meeting until 15<sup>th</sup> January 2019; doesn't the time fly by? This month we set up a small portrait studio and had some fun taking some photos.

The theme of this month's competition was "Transport" with Chris Whatley's shot of the mobility scooters on Princess Pier making it to the first spot: Peter Rose's high flying photo made second, followed in joint third spot were photos by Peter Rose, Yvonne Rose and Chris Whatley.

The theme for next January will be "Portraits" and February is "Festive"

Keep snapping, **Ron**

## SOCIAL GROUP

The Friday afternoon Social Group has decided to continue meeting at the BRIGHT BEAN COFFEE LOUNGE in PRESTON for the coming year. Meetings each month are on the second Friday but the December meeting has been transferred to the Paignton Club for Christmas Lunch for those who have booked. Come along with your ideas and suggestions for the coming year – days out, places to visit – whatever we can do to enhance our group. **Rodger**

## WALKING GROUP

Our next walk will be on Wed 19th December. Meet at the lichgate on Old Mill Lane at Cockington at 10.30. Park in Manscombe Road, Livermead and walk down the very narrow lane or take a bus to Livermead House Hotel and walk up Cockington Lane (5 mins). Please ring me on the morning if you intend to come. Norma Ellis 01803 405517.

### PAIGNTON U3A DETAILS OF GROUPS

Activity	When	M	Tu	W	Th	F	Su	Time	Location	Organiser/s	Phone
Armchair Explorers	Saturdays							10.30/12.30	Variable	Barbara Collins	
Art	3rd				X			10am/noon	Jasmyn House, Midvale Road	Wendy Leishman	
Book Club	1st				X			10-30/noon		Marian Whiter	
Breakfast Club	1st					X		9.30am	Various	John Ball	
Bridge -Beginners & Improvers	Weekly				X			2-15/4.30pm	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	
Bridge -Intermediate	Weekly		X					7-15/9-30	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	
Canasta	2 <sup>nd</sup> & 4th					X		2pm/4pm	Member's Home	Avril Leitch	
Creative Writing	3rd	X						10am/noon	Members Home	Carole Giffen	
Dining Out	Last				X				Various	Jeanette Taylor	
Discussion Group 1	4th	X						2pm/4pm	Members Home	Audrey Kibby	
Discussion Group 2	4th	X						2-15/4-15pm	Members Home	Colin Porter	
Gardening	2nd	X						10.15/12noon	Various	Barbara Collins Colin Stratford	
Genealogy	1st			X				10am/noon		Carole Giffen	
German Conversation	4th		X					10.30am/12.30pm	Member's home	Linda Dilley	
Handicrafts	4th			X				2pm/4pm	Bright Bean Coffee Lounge	Janette Smith	
Local History	1st	X						10-30/noon	Paignton Library	Chris Blake	
Luncheon Club	2nd			X					Various	Cindy Ball	
Mah Jongg (afternoon)	2nd			X				2.30/4.30	Paignton Club	John Battison	
Mah Jongg (evening)	3rd		X					7pm/9pm	Members Home	Pam Bushby	
Music Appreciation	3rd				X			10.30/12.30pm	St Paul's Church, Preston	Colin Porter	
Patchwork	4th		X					10am/noon	Members Home	Norma Cox	
Photography	3rd		X					10am/noon	Members Home	Ron Collins	
Pins & Needles	3rd	X						10-30/12-30	Members Home	Pat Cossey	
Poetry	4th					X		10.30/12.00	Members home	Marie Handyside	

Quiz	3rd					X		2pm/4pm	Paignton Library	Carol Owens	
Rummicub 1	3rd			X				7pm/9pm	Members Home	Sheila Biggs	
Rummicub 2	3rd			X				7pm/9pm	Members Home	Pam Bushby	
Rummicub 3 & 4	2nd & 3rd	X						2-00/4pm	Members Home	Gill Bowie	
Scrabble	2nd			X				2pm/4-30	Members Home	Elizabeth Mills	
Social afternoon	2 <sup>nd</sup>					X		2.30pm/4pm	Bright Bean Coffee Lounge	Rodger Smith	
Table Tennis	1st & 3rd		X					2pm/4pm	Preston Con Club	Eugene Cox	
Walking Group (Wed)	3rd			X				am	Various	Norma Ellis	
Walking Group (Fri)	1st					X		am	Various	'Stan' Stanislaus	
Writing My Life story	3rd			X				10.30/12.30	Bright Bean Coffee Lounge	'Stan' Stanislaus	
Wine Tasting 1	1st					X		8-10pm	Various	Marie Handyside	