



*January 2018*

[www.paignton-u3a.co.uk](http://www.paignton-u3a.co.uk)

*It is with great sadness that we announce the recent death of David Hudson after a long illness. David was serving on our committee as Publicity Officer. He had also been group leader of the Train group until he had to relinquish this due to his ill health. He organised trips to heritage railways and indoor meetings which were very much enjoyed by both train enthusiasts and others. He will be sorely missed within the U3A and throughout the Paignton community where he served in various volunteer roles to improve local health services. Our sincere condolences are sent to his wife, family and friends for their loss.*

**MEMBERSHIP RENEWAL LETTERS WILL BE AVAILABLE AT THE JANUARY MEETING. PLEASE COLLECT YOURS THEN.**

***A Message from your Chairman, Rodger***

WELL IT HAS 'COME AND GONE'!!! Another year comes to end and another has started!! WELCOME TO 2018. May this year prove to be PEACEFUL, and, hopefully PURPOSEFUL.

Great to have some of us enjoy our events, theatre trips, meals, outings; let us see what we can arrange for this year – any suggestions are very welcome; just let a committee member know.

Events which have been booked will take place at various times throughout the year. The afternoon SOCIAL GROUP will welcome members who have booked and paid to their NEW YEAR BUFFET CELEBRATION at BABBACOMBE INN on Friday 12th. Room booked from 14.30, with food available from 15.00 (ish), and we will be in the 'lounge area' until (at the latest) 17.30.

Keep a watch out for details of day trips and events that are being arranged.

May I say 'in front of all members' how much I appreciate the support and guidance of your Committee, some putting in many hours each month to keep the group running. THANKS FOLKS. Oh, what about YOU??? There will be a chance in April to get involved yourself!!!! Are you up for it???? Let me know your intentions!!!!

*Rodger*

## *Events, Trips, Holidays and Outings*

**As a matter of courtesy, please will anyone who has booked a day trip or holiday let the organiser know if you are unable to come as soon as possible.**

Our new **SOCIAL GROUP** have invited any members from the Paignton U3A to join them for a **NEW YEAR CELEBRATION at BABBACOMBE INN on FRIDAY 12TH JANUARY 2018**. A buffet menu is available to view on the table in the bar area before and after our November general meeting at the Redcliffe. Place your name(s) on the list on the table and **FULL PAYMENT** up front at December or January meetings. If further details are needed, check with Rodger.

We have been offered a free **DRIVING SAFER FOR LONGER WORKSHOP** which is aimed at keeping older drivers on the road safely for as long as possible. Driving is one of the most risky activities we are likely to do in our lives, and yet once we pass our driving test many of us have no further training. Driving techniques have changed over the years.

The workshop is free and lasts 1 to 2 hours in duration. The presentation is informal, interactive, fun and very informative. Topics covered include health, eyesight, medical conditions, Highway Code, the challenges facing drivers today, advice on aids to driving and some speed and hazard awareness.

If you are interested, please sign the form at the General Meeting or contact me. Once numbers are known, we will arrange a venue and date in the Spring. Kate Parsons 01803 267527.

Cindy and John Ball are organising another **SKITTLES** evening at Paignton Bowling Club, just before Easter on **Thursday 29 March**. Tickets will be available at the January General Meeting and are £2 each. U3A members and guests are welcome. Bar open on night.

Coach trip to **CORNWALL GARDEN SOCIETY SPRING FLOWER SHOW at BOCONNOC and LOOE. Sunday 8th April 2018**. We will have approximately 3 hours at the flower show. Following this visit we will travel the short distance to Looe for a meal (good location for 'Fish & Chips' – not included). Price includes admission to Boconnoc Gardens near Lostwithiel and coach for members of Paignton U3A as the coach only has 48 seats and we only have six (6) left! Tickets are now available at £20pp for members. Contact Cindy Ball on Tel: 01803 411046 Email: cindy1945@hotmail.co.uk

Colin Porter is organising a day trip to **BATH on Friday 15<sup>th</sup> June** and Carol Haggett may organise a coach holiday in **September/October**, once the new brochures are out. More details on Colin's return from Australia.

## ***Forthcoming General Meetings***

General Meetings usually 2<sup>nd</sup> Tuesday monthly 11.00 a.m.

Coffee from 10.15a.m at the Redcliffe Hotel, Marine Drive, Paignton

### ***Tuesday 9<sup>th</sup> January***

Peter Lewis, Deputy Governor of Dartmoor Prison

**At Her Majesty's Pleasure**

Peter has been in the Prison Service for 26 years and Dartmoor for 3 years. He has served time in many Borstals and Prisons and is willing to answer questions.

### ***Tuesday 13<sup>th</sup> February***

Cllr Frank Letch MBE Mayor of Crediton

**Overcoming Challenges and Adversity**

A former North Wales language teacher, born without arms, Frank tells how he has found happiness again after losing his wife to cancer. Frank is a truly inspiring person who has overcome physical and emotional battles. He says "I believe in paradise. Having lost Helen, I lost paradise, but I feel I've found it once again. I feel happy every morning and look forward to the day ahead."

### ***Tuesday 13<sup>th</sup> March***

Alan Tanner

**My Life as a TOAD**

## ***Groups' News***

The next **copy deadline for the newsletter** is Wed 7<sup>th</sup> February 2018 at 5pm.

Rosemary Shuffell, Groups' Co-ordinator is arranging the next **Group Convenors' meeting** and buffet lunch for Wednesday 31<sup>st</sup> January at Jasmyn House, Midvale Rd Paignton from 10.30am. **Please can you let Rosemary know any items you wish to be put on the agenda.** This will be a great time to welcome new leaders and hopefully share some experiences together. **Please advise Rosemary of your attendance at this meeting, so that refreshments can be arranged.**

### **ARMCHAIR EXPLORERS**

The next meeting will be at Barbara's on 27th January at 10.30am when we will visit Ireland. A little about its history going back to ancient times, then about Ireland as we know it today but as non-political as possible. People are asked to bring their memories of holidays to join in a light hearted travelogue. Contact Barbara on 669238.

### **BREAKFAST CLUB**

We always meet on the first Friday of the month 9-30 for 10am breakfast and light hearted chat.

Friday 5th January 2018 will be at Torbay Area Indoor Bowling Club, Bowlers Way, Paignton (situated on the right hand side on the way up to Oldway Mansion.

Friday 2nd February 2018 will be at Grand Central, Torbay Road, Paignton. This is a very popular venue as we receive a good value meal with local hospitality.

Next meetings will be on Friday 2nd March and 6th April 2018 venues to be decided by the group. Should you wish to join our friendly breakfast club please contact the organiser John Ball on 01803 411046.

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### **BRIDGE**

Bridge will start again on Thursday 4th January with the next Tuesday meeting on 9th January at the Paignton Club. Numbers have been falling in recent times and it would be a pity if the Tuesday evening had to stop. Please do try and come to support the group.

Wishing you all a very Happy and Healthy New Year. **Barbara**

### **LOCAL HISTORY GROUP**

Diana Holdsworth is stepping down as organiser after ten years of sterling service. Chris Blake is our new organiser. Next meeting is Monday 5<sup>th</sup> February 2018 at 10.30am in Paignton Library. All welcome. **Chris**

### **KNIT AND NATTER GROUP**

With very full programmes in our diaries, there will be NO Knit and Natter group meeting until January 2018. I thank all group members for their support and help during the last year. **Janette.**

### **LUNCHEON CLUB**

We always meet on the second Wednesday of the month at venues throughout the area, so do join us for a relaxed gathering of friends and a nice meal of your selection.

Wednesday 10th January 2018 at The Hare & Hounds, Newton Road, Kingskerswell.

Wednesday 14th February 2018 at The Beefeater, White Rock, Paignton.

Wednesday 14th March 2018 at The Old Smokey Inn, Marldon.

Should you wish to join our friendly lunch group please contact the organiser Cindy Ball on 01803 411046.

### **MAH JONGG Group welcomes new members**

Owing to the reorganisation of rooms, the Mah Jongg group will now be able to accept new members.

Mah Jongg is an ancient Chinese game, said to be about the only game in the world where cheating is impossible! You don't need to know the game, we'll teach you. So, if you would like to have a go – or even just come along and see what you think of it – give me a call, John Battison on 01803 690592.

We meet on the second Wednesday afternoon of every month, from 2.30 to 4.30, the next one being 10<sup>th</sup> January. Our new venue is the Garden Room in Paignton Club, at the South end of the Promenade

**MUSIC APPRECIATION GROUP** will not meet in January but normal service will be resumed in February on Colin's return. Fee £2.50 New members very welcome. **Colin Porter**

**QUIZ** We will meet again on January 19th. **Carol**

### **PHOTOGRAPHY GROUP**

As there was no December meeting there is no report. January's competition theme will be "Village Life" and February's will be "Silhouettes"

Keep snapping, **Ron**

## **SOCIAL AFTERNOON**

Open meeting and NEW YEAR CELEBRATION at BABBACOMBE INN on FRIDAY 12TH JANUARY 2018 at 2.30. Prebooking needed. Contact Rodger on 391966 or drodgersmith @outlook.com

## **SKITTLES**

Skittles will be on Monday 15th January at Preston Conservative Club at 5.30 p.m. All welcome. Come along and have some fun. If you are non-members of the Conservative Club there is a fee of £1.00 per person. Contact **Barbara Collins** on 01803 669238 or email barbara@bes1.co.uk

## **WEDNESDAY WALKING GROUP**

The Group has planned the following walks for the first part of 2018:

17th January, 2018...we will meet outside the shops at Goodrington Beach at 10 30 am for a leisurely stroll around the Bay to Torquay Harbour. It is expected that we will have coffee en route before heading back on the bus.

21st February, 2018 ...." Snowdrop Walk"...we will meet at the Cider Press in Dartington for an 11 00 am start on the walk from Shinner's Bridge to Staverton. This will be a 4 mile walk so bring along a drink/sandwich. Hopefully, Audrey Wilcox (phone 540237) will be able to lead the way!

21st March, 2018....Stover Country Park...we will meet for car sharing at 10 15 am near John & Linda's at Clifton Road. Please ring Norma on 01803 405517 or 07453 396538 before 9 00 am on the day if you intend to join the walk.

HAPPY NEW YEAR! **Jim Cairns & Norma Ellis**

## ***Your Committee for 2017 to 2018***

Chairman— <b>Rodger Smith</b>	Tel: 01803 391966	Email:drodgersmith@outlook.com
Vice Chair - <b>Carol Owens</b>	Tel: 01803 551237	Email: nanadance19@yahoo.com
Treasurer – <b>Colin Gee</b>	Tel: 01803 552055	Email: colandmo@btinternet.com
Secretary – <b>Kate Parsons</b>	Tel: 01803 267527	Email: kate@computerhotline.co.uk
Membership Secretary – <b>Cindy Ball</b>	Tel: 01803 411046	Email: cindy1945@hotmail.co.uk
Groups' Co-ordinator – <b>Rosemary Shuffell</b>	Tel: 01803 842601	Email: rose.shuffell@gmail.com
Speakers Secretary – <b>Colin Porter</b>	Tel: 01803 698377	Email: colintippy@onetel.com
Trips /Holidays Co-ordinator— <b>Colin Porter</b>	Tel: 01803 698377	Email: colintippy@onetel.com
Audio Visual – <b>John Mathews</b>	Tel: 01803 267469	Email: johnmathews52@yahoo.com
Committee member- <b>Sheila Wenman</b>	Tel: 01803 844162	Email: sheilawen@btinternet.com
Newsletter Editor – <b>Kate Parsons</b>	Tel: 01803 267527	Email: kate@computerhotline.co.uk

The next Committee meeting will be on Tuesday 6<sup>th</sup> February at 10.30am. Venue: Redcliffe Hotel. If members have any issues that they would like brought to the committee's attention, please can they let a committee member know?

**PAIGNTON U3A DETAILS OF GROUPS**

<b>Activity</b>	<b>When</b>	<b>M</b>	<b>T</b>	<b>W</b>	<b>TH</b>	<b>F</b>	<b>Time</b>	<b>Location</b>	<b>Organiser/s</b>	<b>Phone</b>
Armchair Explorers	Saturdays						10.30/12.30	Variable	Kate Parsons	267527
Art	3rd				X		10am/noon	Jasmyn House, Midvale Road	Wendy Leishman	522407
Book Club	1st				X		10-30/noon		Marian Whiter	403323
Breakfast Club	1st					X	9.30am	Various	John Ball	411046
Bridge -Beginners & Improvers	Weekly				X		2-15/4.30pm	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	669238 606053
Bridge -Intermediate	Weekly		X				7-15/9-30	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	669238 606053
Coffee Morning	4th	X					10-30/noon	Redcliffe Hotel, Marine Dr	Judy Punshon	843780
Creative Writing	3rd	X					10am/noon	Members Home	Carole Giffen	391614
Dining Out	Last				X			Various	Jeanette Taylor	557450
Discussion Group 1	4th	X					2pm/4pm	Members Home	Audrey Kibby	666321
Discussion Group 2	4th	X					2-15/4-15pm	Members Home	Colin Porter	698377
Gardening	2nd	X					10-15/12 noon	Various	Kate Parsons	267527
Genealogy	1st			X			10am/noon		Carole Giffen	391614
Knit & Natter	4th			X			2pm/4pm	Jasmyn House, Midvale Road	Janette Smith	391966
Local History	1st	X					10-30/noon	Paignton Library	Chris Blake	07835 192228
Luncheon Club	2nd			X				Various	Cindy Ball	411046
Mah Jongg (afternoon)	2nd			X			2.30/4.30	Paignton Club	John Battison	690592
Mah Jongg (evening)	3rd		X				7pm/9pm	Members Home	Pam Bushby	550229
Music Appreciation	3rd				X		2.30/4.30pm	Palace Hotel	Colin Porter	698377
Patchwork	4th		X				10am/noon	Members Home	Norma Cox	525079
Photography	3rd		X				10am/noon	Members Home	Ron Collins	669238
Pins & Needles	3rd	X					10-30/12-30	Members Home	Jean Turnbull	403569
Poetry	4th					X	10.30/12.00	Members home	Marie Handyside	845336
Quiz	3rd					X	2pm/4pm	Paignton Library	Carol Owens	551237
Rummicub 1	3rd			X			7pm/9pm	Members Home	Sheila Biggs	524559
Rummicub 2	3rd			X			7pm/9pm	Members Home	Pam Bushby	550229
Rummicub 3 & 4	2nd & 3rd	X					2-00/4pm	Members Home	Gill Bowie	845116
Scrabble	2nd			X			2pm/4-30	Members Home	Elizabeth Mills	557215
Skittles	3rd	X					5.30pm	Preston Conservative Club	Barbara Collins	669238
Social afternoon	2 <sup>nd</sup>					X	2.30pm/4pm	TBA	Rodger Smith	391966
Table Tennis	1st & 3rd		X				2pm/4pm	Preston Con Club	Eugene Cox	525079
Walking Group (Wed)	3rd			X			am	Various	Norma Ellis	405517
Walking Group (Fri)	1st					X	am	Various	'Stan' Stanislaus	07732015457
Writing My Life story	3rd			X			10.30/12.30	Bright Bean Coffee Lounge	'Stan' Stanislaus	07732015457
Wine Tasting 1	1st					X	8-10pm	Various	Marie Handyside	845336

(Subject to change -please check with group leader)