

25p or free on-line or by email



March 2018

www.paignton-u3a.co.uk

IMPORTANT

Special Resolution to be voted on at AGM on 10 April 2018 to change the Object Clause of the Constitution of Paignton U3A and Third Age Trust

Clause 3 (the Object Clause) of the Constitution of Paignton U3A which was adopted in September 2013 shall be amended to read as follows:

“The advancement of education and, in particular, the education of older people and those who are retired from full time work by all means, including associated activities conducive to learning and personal development.”

The “Driving Safer for Longer” Workshop has had to be postponed until Monday 30th April at 2.30pm. Venue TBA. We had 35 people signed up for this but need everyone (plus anyone else interested) to reconfirm their attendance. Please either email Kate on kate@computerhotline.co.uk or sign the new list at the general meetings in March & April.

***I have received nominations for five officer/committee members so far and we need twelve. If there is no committee, there is no Paignton U3A! If you feel you could help to run your U3A, please put your name forward by 31st March.
Kate Parsons, Secretary***

Message from your Chairman, Rodger

Here I sit in my office / bedroom and am wondering what is going to happen next. It's the last day of February; the 'Beast from the East' is making its presence felt, daffs in the garden are bowing each and every way with the wind, the daisies are curled up and wondering what is going on, I've just seen one rose on the bush, and guess what IT'S SNOWING!!!! Snow on the Riviera??? Must be climate.....!!!

So, now into March, and we 'should' be able to look forward – changing the clocks later this month, some of us are having early Spring breaks, some are browsing the brochures, all of us checking the shoe box and under the floorboards!!

Remembering that U3A is a group that is 'run by the members for the members', have you thought about what else we can do together to enhance our group???? Trips out, suggestions for official trips and private ones, new interest groups, maybe some one-off 'workshops'? Come on folks, let's have your ideas.

Next month, as it is our ANNUAL GENERAL MEETING there is no speaker booked, but after the business part of the meeting, Frank Wye has requested that a member from TORBAY COMMUNITY DEVELOPMENT TRUST comes to give us a brief talk, with some literature, about volunteering. There are many and various ways we can help others, some official, others privately. What can you do????

Please read the newsletter, as this month there are a number of events planned, some with change of date, others with new venues. Always a good practice to check with the group leader each month to make sure the events or group is taking place. Places available on some trips, others now open for bookings, and maybe some tickets left for our Skittles' evening.

Have you nominated anybody to join your committee??? Better still, has anybody nominated you!!!! Voting for our new committee will take place at our AGM, as will a couple of other matters, but, only paid up members of Paignton U3A can vote. Have you renewed your membership yet??

Rodger

Events, Trips, Holidays and Outings

As a matter of courtesy, please will anyone who has booked a day trip or holiday, let the organiser know if you are unable to come as soon as possible.

Cindy and John Ball are organising another **SKITTLES** evening at Paignton Bowling Club, just before Easter on **Thursday 29 March**. A few tickets are still available. U3A members and guests are welcome. Bar open on night.

Coach trip to CORNWALL GARDEN SOCIETY **SPRING FLOWER SHOW** at BOCONNOC and LOOE. **Sunday 8th April**. Tickets are now available at £20pp for members. If you have reserved a place please pick up your ticket and pay as soon as possible. If you no longer

wish to go, please let Cindy know so your seat can be given to someone else. Contact Cindy Ball on Tel: 01803 411046 Email: cindy1945@hotmail.co.uk

We have been offered a free **DRIVING SAFER FOR LONGER WORKSHOP** on **Monday 30th April** at 2.30pm which is aimed at keeping older drivers on the road safely for as long as possible. Driving is one of the most risky activities we are likely to do in our lives, and yet once we pass our driving test many of us have no further training.

The workshop is free and lasts 1 to 2 hours in duration. The presentation is informal, interactive, fun and very informative. Topics covered include health, eyesight, medical conditions, Highway Code, the challenges facing drivers today, advice on aids to driving and some speed and hazard awareness. If you are interested, please sign the form at the General Meeting.

Colin Porter has arranged a day trip to **BATH on Friday 15th June** leaving Garfield Road at 8.30am also pick up at Preston bus shelter. Cost £15. A non-refundable deposit of £5 is required when booking with the balance due by the U3A meeting on the 8th May.

BBC Plymouth visit will be Wednesday afternoon of **12th September**.

Forthcoming General Meetings

General Meetings usually 2nd Tuesday monthly 11.00 a.m.

Coffee from 10.15a.m at the Redcliffe Hotel, Marine Drive, Paignton

We are sorry about the change to our speaker last month. The problem is often speakers are booked more than a year in advance, and nearer the time circumstances have changed for some of them.

Unfortunately for reasons beyond our control we have had to amend some dates of speakers listed on the membership cards too. As Eric Morecambe famously said in 1971, "All the notes are there but they may not be being played in the right order."

Tuesday 13th March

Cllr Frank Letch MBE Mayor of Crediton

Overcoming Challenges and Adversity

A former North Wales language teacher, born without arms, Frank tells how he has found happiness again after losing his wife to cancer. Frank is a truly inspiring person who has overcome physical and emotional battles. He says "I believe in paradise. Having lost Helen, I lost paradise, but I feel I've found it once again. I feel happy every morning and look forward to the day ahead."

Tuesday 10th April

AGM

including 10 minute talk by Joanna Reed from Torbay Community Development Trust on opportunities for volunteering.

Groups' News

The next **copy deadline for the newsletter** is Wed 4th April 2018 at 5pm.

ART GROUP

The next meeting will be on the 15th March at 10.00am at Jasmyn House. **Wendy Leishman. 522407.**

BREAKFAST CLUB

We always meet on the first Friday of the month 9-30 for 10am breakfast and light hearted chat. Next meetings will be on:

Friday 6th April at Grand Central, Torbay Road, Paignton. This is a very popular venue as we receive a good value meal with local hospitality.

Should you wish to join our friendly breakfast club please contact the organiser John Ball on 01803 411046.

TUESDAY EVENING BRIDGE (Intermediates) and SOLO

meet at 7.00p.m. For 7.15p.m. every Tuesday. Numbers have been falling over the last few months due to illness, bad weather or not liking driving at night during the winter months. It was suggested by one of our members if Solo would be an idea to play on the same night as bridge. If anyone would be interested please contact Barbara Collins 01803 669238.

THURSDAY AFTERNOON BRIDGE (Beginners & Improvers)

Would you like to learn to play bridge? Paignton U3A bridge group meet on Thursday afternoons at the Paignton Club 2.15 - 4.30 p.m. We are a friendly and informal group and it would be good to welcome some new people who would like to learn to play this fascinating game. If you would like more information please contact Barbara Collins on 01803 669238.

KNIT AND NATTER GROUP

sorry about the late cancellation of February meeting, only informed the day before, but should be OK for the rest of the year. We meet on the fourth WEDNESDAY each month at JASMYN HOUSE, Midvale Rd. We are ready to welcome new members so come along and join us for a 'get together', you never know we may get around to some knitting and nattering!!!! If you have any questions contact Janette on 391966.

LUNCHEON CLUB

We meet on the second Wednesday of the month at venues throughout the area, so do join us for a relaxed gathering of friends and a nice meal of your selection.

Wednesday 14th March at The Old Smokey Inn, Marldon.

Tuesday 10th April at Belgrave Sands Hotel, Belgrave Road, Torquay. 12.30 for 1pm

Wednesday 9th May 2018 at Babbacombe Inn, Babbacombe Downs, Torquay.

Wednesday 13th June 2018 at Aztec Leisure Centre, Torquay Leisure Hotels, Belgrave Road, Torquay.

Should you wish to join our friendly lunch group please contact the organiser Cindy Ball on 01803 411046.

MUSIC GROUP

will be welcoming Hannah Spooner, the former Head of Music at St Cuthbert Mayne School, Torquay who will be talking about composers playing the grand piano. Meet at the Palace Hotel Paignton on Thursday 15th March at 2.30pm. All welcome £2.50

QUIZ GROUP

I would like to thank Penny for hosting the February quiz. Hope to see you all this month on Friday 16th March. **Carol**

PHOTOGRAPHY GROUP

Just a small group this month, the Dreaded Lurgy taking its toll on some of the members but we had a nice lot of entries for this month's competition, with Chris Whatley's view of Exeter Cathedral making the first spot, Richard Havery making to second with his Beach Photograph and the third position was contested between Bob Tame's panoramic study and Martyn Betts atmospheric seascape. Please see the attached PDF file if you would like to see the winning shots. March's competition will be on the theme of "Rocks" and April's theme is "Curves".
Keep snapping, **Ron**

POETRY GROUP

Our meetings usually start with an overview of the poet's life and then we take it in turns to read some of the poems. There is plenty of opportunity to discuss and appreciate the poems. We are going to spend another meeting discussing works by Poets Laureate, namely Ted Hughes and Andrew Motion and then we will turn our attention to works by notable women poets. There is room in the group for some more members. Please contact Jean Benskin 550139 or me 431398 if you would like more details. For the next four months we will be meeting at my house on the fourth Friday morning at 10.30. **Marie Handyside.**

SOCIAL GROUP – second Friday afternoon each month.

SOCIAL GROUP, as mentioned before we are meeting at the Preston Conservative Club for this month and next at 14.30, for a 'cuppa and chat'. Then we can discuss our future plans. Tea, coffee and a full list of drinks will be available from the bar. A fee of only £1.00 is payable for those members who are NOT members at the club. **Rodger**

SKITTLES

At the Preston Conservative Club on Monday 19th March 5.30 - 7.30 p.m. Great fun and a little exercise. Everyone welcome.

If you are not members of the Conservative Club there is a fee of £1.00 per person. Contact **Barbara Collins** on 01803 669238 or email barbara@bes1.co.uk or just come along.

WEDNESDAY WALKING GROUP

The Group has planned the following walks for the first part of 2018:

21st March, 2018....Stover Country Park...we will meet for car sharing at 10 15 am near John & Linda's at Clifton Road. Please ring Norma on 01803 405517 or 07453 396538 before 9 00 am on the day if you intend to join the walk. **Jim Cairns & Norma Ellis**

4 COMPUTER HELP OPPORTUNITIES

Our Groups Co-ordinator Rosemary Shuffell is wondering how much interest there might be in forming a Computing Group. If you are interested, please sign up at the General meeting with your ideas on what you want or contact Rosemary on 01803 842601 Email: rose.shuffell@gmail.com

One of our members has reminded us:

Frank Wye is an experienced user of a Windows computer and an iPad and is willing to help people with particular user problems in their own home, e.g. if email is suddenly causing problems, or how to do internet shopping, how to transfer photos from a phone, etc. He is not competent to repair or recover computers from serious corruption. If you want help give Frank a call on 01803 405100.

Torbay Libraries at Torquay, Paignton, Churston and Brixham run free computer help sessions several times a week for individuals which are run by volunteers. Some of these are drop in sessions and others need to be pre-booked. You can either use the library computers or bring your own devices in. They also run "Tablets Without Tears" sessions. Phone the appropriate library for more details or details can be found on-line at Torbay Council's website under "Libraries" and "Events".

Phil Sutton runs the Torbay Tech Jam which is a monthly community event at Paignton Library on Saturday afternoons aimed at inspiring people to code and become creative with computer hardware.

As part of this he uses the Raspberry Pi which is a small and affordable computer that you can use to learn programming and create simple hardware projects such as traffic lights but the device is also capable of far more. (www.raspberrypi.org). These are the devices that primary school pupils learn to code on so you can start with learning which is not too advanced.

He is looking to reach out to the community and it has been suggested that he gets in touch with the U3A to ask if anyone would be interested in learning about programming, hardware etc.

Contact Kate Parsons on kate@computerhotline.co.uk

Your Committee for 2017 to 2018

Chairman— Rodger Smith	Tel: 01803 391966	Email: drodgersmith@outlook.com
Vice Chair - Carol Owens	Tel: 01803 551237	Email: nanadance19@yahoo.com
Treasurer – Colin Gee	Tel: 01803 552055	Email: colandmo@btinternet.com
Secretary – Kate Parsons	Tel: 01803 267527	Email: kate@computerhotline.co.uk
Membership Secretary – Cindy Ball	Tel: 01803 411046	Email: cindy1945@hotmail.co.uk
Groups' Co-ordinator – Rosemary Shuffell	Tel: 01803 842601	Email: rose.shuffell@gmail.com
Speakers' Secretary – Colin Porter	Tel: 01803 698377	Email: colintippy@onetel.com
Trips /Holidays Co-ordinator– Colin Porter	Tel: 01803 698377	Email: colintippy@onetel.com
Audio Visual – John Mathews	Tel: 01803 267469	Email: johnmathews52@yahoo.com
Committee member- Sheila Wenman	Tel: 01803 844162	Email: sheilawen@btinternet.com
Newsletter Editor – Kate Parsons	Tel: 01803 267527	Email: kate@computerhotline.co.uk

The next Committee meeting will be on Tuesday 3rd April at 10.30am. Venue: Redcliffe Hotel. If members have any issues that they would like brought to the committee's attention, please can they let a committee member know?

PAIGNTON U3A DETAILS OF GROUPS

Activity	When	M	T	W	TH	F	Time	Location	Organiser/s	Phone
Armchair Explorers	Saturdays						10.30/12.30	Variable	Barbara Collins	669238
Art	3rd				X		10am/noon	Jasmyn House, Midvale Road	Wendy Leishman	522407
Book Club	1st				X		10-30/noon		Marian Whiter	403323
Breakfast Club	1st					X	9.30am	Various	John Ball	411046
Bridge -Beginners & Improvers	Weekly				X		2-15/4.30pm	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	669238 606053
Bridge -Intermediate	Weekly		X				7-15/9-30	Paignton Club, The Esplanade	Barbara Collins & Mike Jeffs	669238 606053
Coffee Morning	4th	X					10-30/noon	Redcliffe Hotel, Marine Dr	Judy Punshon	843780
Creative Writing	3rd	X					10am/noon	Members Home	Carole Giffen	391614
Dining Out	Last				X			Various	Jeanette Taylor	557450
Discussion Group 1	4th	X					2pm/4pm	Members Home	Audrey Kibby	666321
Discussion Group 2	4th	X					2-15/4-15pm	Members Home	Colin Porter	698377
Gardening	2nd	X					10.15/12noon	Various	Kate Parsons	267527
Genealogy	1st			X			10am/noon		Carole Giffen	391614
Knit & Natter	4th			X			2pm/4pm	Jasmyn House, Midvale Road	Janette Smith	391966
Local History	1st	X					10-30/noon	Paignton Library	Chris Blake	07835 192228
Luncheon Club	2nd			X				Various	Cindy Ball	411046
Mah Jongg (afternoon)	2nd			X			2.30/4.30	Paignton Club	John Battison	690592
Mah Jongg (evening)	3rd		X				7pm/9pm	Members Home	Pam Bushby	550229
Music Appreciation	3rd				X		2.30/4.30pm	Palace Hotel	Colin Porter	698377
Patchwork	4th		X				10am/noon	Members Home	Norma Cox	525079
Photography	3rd		X				10am/noon	Members Home	Ron Collins	669238
Pins & Needles	3rd	X					10-30/12-30	Members Home	Jean Turnbull	403569
Poetry	4th					X	10.30/12.00	Members home	Marie Handyside	431398
Quiz	3rd					X	2pm/4pm	Paignton Library	Carol Owens	551237
Rummicub 1	3rd			X			7pm/9pm	Members Home	Sheila Biggs	524559
Rummicub 2	3rd			X			7pm/9pm	Members Home	Pam Bushby	550229
Rummicub 3 & 4	2nd & 3rd	X					2-00/4pm	Members Home	Gill Bowie	845116
Scrabble	2nd			X			2pm/4-30	Members Home	Elizabeth Mills	557215
Skittles	3rd	X					5.30pm	Preston Conservative Club	Barbara Collins	669238
Social afternoon	2 nd					X	2.30pm/4pm	TBA	Rodger Smith	391966
Table Tennis	1st & 3rd		X				2pm/4pm	Preston Con Club	Eugene Cox	525079
Walking Group (Wed)	3rd			X			am	Various	Norma Ellis	405517
Walking Group (Fri)	1st					X	am	Various	'Stan' Stanislaus	07732015457
Writing My Life story	3rd			X			10.30/12.30	Bright Bean Coffee Lounge	'Stan' Stanislaus	07732015457
Wine Tasting 1	1st					X	8-10pm	Various	Marie Handyside	431398

(Subject to change -please check with group leader)