



JUNE 2013

www.paignton-u3a.co.uk

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President **Sally Grafton**

A Message from your Chairman

A second good Bank Holiday! Does this mean we can look forward to a sunny summer? We must keep our fingers crossed, not that will help our groups.

Needles and Pins Group. I have arranged with Pam McLaughlin that the initial meeting of this group will be on Monday 17th June 2013 at the Commodore Hotel, 14 Esplanade Road 10.30 – 12.30 pm. Please come with your ideas for the future of the group and any projects you have in hand to share with the rest of us e.g. knitting, sewing, embroidery, craft etc.

Please remember that entrance to the General Meetings is now £1.50 and coffee also £1.50.

If you are staying on after the meeting for a meal it would be very advisable to book your table with the Palace Hotel in advance before the meeting because the Plant Waste and Recycling Trade Show has taken over Paignton Green and many delegates are staying at the Palace. This will also affect our car parking and we may find there are very few parking spaces we can use. Also remember that to exit the Palace car park you need a barrier token or pass code.

The Badminton Group got off to a slow start with only four people turning up. John Bollard and Linda Nuttall who have agreed to co-ordinate the group, Iris Porter and myself. Unfortunately we only had 3 racquets between us but we managed a practice run. Hopefully at the June session some more of you will be able to attend. The next date is Thursday 27th June 2.00 – 4.00 pm at St. Andrews Community Hall, Sands Road.

The Wild Life Group also seems to have a slow start due to holidays etc. The next meeting will be at the Commodore on Wednesday 26th June 2.00pm when we hope to draw up a programme and sort out a regular day and time for this group to meet.

There is more positive information regarding the Singing Group. We now have a pianist –Hazel Brown – and Rita Wood has agreed to find suitable music for a Sing-along. Rita and Hazel will be meeting to decide how the introductory session will go so watch this space for the date and venue.

Looking forward to seeing you all on Tuesday.

Sue

Come and join us at the Apollo for a live concert performance of Benjamin Britten's "Gloriana" from the Royal Opera House Covent Garden. Mon June 24th at 7pm. Contact Rita Wood

DIARY DATES

General Meetings 2nd Tuesday monthly 11.00 am at the Palace Hotel, Esplanade Road.

This Tuesday June 11th we welcome Gay White with some of her collection of Light Hearted Poems.

The July general meeting will be the annual opportunity for members to talk about their groups, their feelings about Paignton U3A and any other miscellany of items between now and then. "It's Good To Talk" is an apt heading for this meeting.

Social Meetings 2.00 pm at St. Andrews Community Hall, Sands Road.

See Sue Lewton's entry in the Dog Walking Group

RELIABLE TRADESMEN/WOMEN

A reminder. Steve Ward is pleased to have received several trade names and is hoping further traders can be suggested before he is able to resurrect the Trade Register of trusted and recommended small tradesmen/women in this area: anything from fixing a tap washer to laying a carpet etc. He would be grateful if you could forward the name of anyone you have found who you could recommend so that the list can be formulated and circulated to U3A members, which we hope people will find useful.

Mary Ward has sent in a useful suggestion.

I have learnt from a gardener friend of an easy way of getting rid of garden rubbish which saves the expense of petrol to the tip, time etc. From a company called Go Green Devon Ltd you can purchase a reusable 120 litre dumpy bag for £4.00 (which is an initial outlay-or more if so required) and also tags which are attached to the bags for payment of collection. The tags come in £10.00 packs obviously for collection of 10 bags. You attach a tag to the filled bag and ring them up or email and they will collect 5 days a week and leave you your empty bag. A 120 litre bag capacity is quite a lot of garden rubbish. They also sell compost and chippings but I have no knowledge of these items.

Their web page is www.gogreendevon.com Tel. 01626 853558

Steve and Mary's number is: 01803 403484 email: mands_dolphin@hotmail.com mobile:07798670957:

GROUPS

QUIZ GROUP

The next Quiz Group meeting is on **Friday June 21st** at 2.00pm in room 12 Paignton Library .
Any queries to Rosemary Roach.

DINING OUT GROUP

The next meeting of the group will be on Thursday 27th June at the Palm Tree Restaurant, Hyde Road, Paignton. Full details of the menu from Pat or Wally Leigh.

DOG WALKING GROUP

The group have arranged a training session with Ed Meakin of Evolution Dog Training. This will be at St. Andrews Community Hall in Sands Road on Friday 28th June from 2.00 to 3.30pm. Ed who trains police dogs will talk to us about the health and training of dogs through kindness. He will answer questions and demonstrate by putting our own dogs through their paces if we so wish.

Anyone with an interest in dogs can come along. Further details from Sue Lewton on 557040.

WINE TASTING GROUP

This group is now full and it is suggested that if someone has the inclination towards starting another group this is a good opportunity. Marie Handyside Tel.845336 will be happy to pass on the groups experience for a new group.

WALKING GROUP

The walk this month will be down the valley from Occombe Farm starting at 10.00 am on 19th June. Details from Dennis Leishman.

July 17th Haytor Led by Peter Ellis.
August No walk
Sept 18th Cider Press Centre/Totnes
Oct 16th Stover/Sampsons farm
Nov 20th To be investigated!
Dec 18th Cockington (to have Christmas lunch(ette) if desired!!)

ART GROUP

We will be meeting again on Thursday 13th June at St Andrew's Hall, Sands Road, from 2 - 4pm. We will then meet on the second Thursday afternoon in each month.

Ring me on 01803 522407 for details of materials you will need to bring. Wendy Leishman

WILDLIFE GROUP(new group)

Every 4th Wednesday.

Next meeting 26th June 2pm at The Commodore Hotel. See Sue Lewton's message above.

BADMINTON GROUP(new group)

Every 4th Thursday at St. Andrews Community Centre. See Sue Lewton's message above.

CYCLING GROUP For details of the next ride contact Connie Powell on 551369.

TRAINS GROUP

Every 3rd Friday at different venues.

21st June. We are going to do the 'Round Robin' of the Paignton & Dartmouth Steam Railway. Leaving Paignton at 10.30am the train gets to Kingswear at 11.00. We then take the ferry across to Dartmouth. At Dartmouth the boat for Totnes leaves at 11.30 arriving at Totnes at 13.00 or if spending time in Dartmouth the next boat to Totnes is at 13.00 arriving Totnes at 14.30. The 100 bus service to Paignton takes 35mins. leaving at 13.20, 14.20, 15.20 or 15.50. If the weather is kind this should be a good day out for photographs and could be a good day for friends and family to join us.

Note David Hudson is now the leader for the day so check all final arrangements with him. Tel. 666293 or mob. 07871815883.

The inclusive cost of all transport is for a Concession £20.50 or Adult £23.00.

To guarantee a ticket these must be booked in advance.

From discussion with group members it is obvious that there are many different travel options preferred so the only way is for each person to book their tickets in advance themselves then tell David for the group to start on the same 10.30 Train from Paignton.

19th July. Day out to Beer to visit the Pecorama Model Trains layouts and have a ride on the Beer Heights Light Railway. Car share where possible. Please let me know if you are going and whether you have any spare seats by 14th July so that we can get organised. Cars leaving Morrisons car park at 10.15.

Any queries to Brian Tucker Tel. 845933

CARDS/BOARD GAMES

Next session is on 20th June 7.00 – 9.00 pm at Pebble Court.

COFFEE MORNING

At the Redcliffe Hotel on 24th June 10.30 to noon. Judy Punshon arranges both of these meetings.

MUSIC GROUP

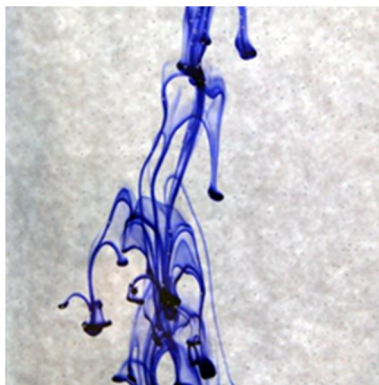
The next meeting of this Group at the Park Hotel will be on 20th June 10.00 to 12.00 when in celebration of the hundredth anniversary of the birth of Richard Wagner Jo will recall the epic operas, the impact of his anti-Semitic writings and the scandals surrounding his tumultuous love life!!

For the meeting on Thursday 18th July from 10.00 to 12.00 the group has a **Coffee Morning at the Ritz** (Park Hotel). There will be live piano music from the 20's and 30's and this occasion is for all music group members but by ticket only because of a limitation on the numbers that can be catered for. Tickets are on sale from Jo at £3.50 which includes the coffee and petit fours. There will be a few tickets for U3A members not in the music group but on a first come first served basis. If you can why not dress to reflect that period and particularly hats for the ladies!! Queries to Jo Innes-Lumsden.

PHOTOGRAPHY GROUP



1st Rose Robbins



2nd equal Mary Ward



2nd equal Bob Tame

A smaller than usual group met this month at Barbara and Ron's house for the May meeting. The theme this month was liquid. The first two pictures were the result of dripping food colouring into a plain vase of water. The third picture was heavy morning dew on a Rose and its leaves.

Rose Robbins abstract was judged to be the best entry, with Mary Ward's also with an abstract theme and Bob Tame's Roses tying for the second spot. We had a discussion about the entries, also a demonstration on how to liven up a photograph with a bland sky with a more interesting one.

All the monthly photos are becoming very good, I'm sure this standard of photography will continue to be the norm.

Our next theme for June is Transport, postponed from May, followed by Potpourri in July. This last must be a photo taken in the last couple of months.

As usual we meet at Barbara and Ron's house 12A Logan Road at 10.30 am on the third Tuesday of the month. Ron Collins tel.669238

LOCAL HISTORY GROUP

Wednesday July 3rd. Local history at **TORQUAY** Library 2.00 to 4.00 pm. **Note Change of Venue to Torquay.** Any queries to Diana Holdsworth Tel. 558578

ANODE FOOD BANK

If you listen to local radio you will have heard that in Devon & Cornwall there are now many thousands of local people who are in poverty and reliant upon Charity food banks.

You may also have seen that Anode received a grant from the Mayor's Fund at a recent awards night.

Please remember to bring along your tins and packets to the meeting on Tuesday.

Let's keep up the good work.

John Battison. Tel. 690592

Thank you from Chris & Bob Spurlock.

On Saturday morning May 18th we held a fundraising cake break in aid of the Multiple Sclerosis Society. So many of our friends in the Paignton U3A responded to our invitation to come for coffee cakes & a chat. Not only did they come but they brought wonderful home-made cakes & scones to add to our already "groaning table selection". We were overwhelmed with the support shown by U3A members & with their help, raffle, book & bric-a-brac sale we raised a staggering £600.00 which has been sent off for research into this horrible disease. Thank you all, Bob.

TRIPS and OUTINGS

The trip to Weston-super-Mare and Sanders Garden World will be on the Friday 6th September, the price will be £15.00. As there were not enough people to fill a small coach, I thought it would be a good idea to combine the outing with one that Cindy Ball is organising for Devon Air Ambulance; there are about 20 spare places on her trip. The trip starts at Brixham at 8.00 am working through Paignton picking up at various bus stops. Big tree will be at about 8.20 am. Full arrangements when all the people going are known. More information from Cindy Ball 411046. I will be going so if anyone else would care to join me that would be great. Ron will not be coming as he will be Muffin sitting.

Some more dates for your diary.

The Palace theatre are doing The Spider's Web an Agatha Christie play. If you would like to go it is from the middle of June until the 1st August on Wednesdays, Thursday and Friday. I am rather busy in June but I thought the 2nd Wednesday the 10th July would be possible. I will have more information on Tuesday at the meeting.

Another rather great evening at the Princess theatre at Torquay is "A Tenor for a Tenner", this is an exciting collaboration between Torbay Council and The Welsh National Opera on the 5th July at 7.30.pm. All seats are £10.00 whether you would like to go independently or as a group I have booked seats in the dress circle. if you are interested please let me know and I will get tickets or book them yourselves . More info on Tuesday.

I know this is rather a long way off. The Lion King is coming to Plymouth at the Theatre Royal from 31st January to 15th March 2014 the ticket prices range from £60.00 to £47.50 for the gods. If there are enough people who would like to go please let me know

Details of a trip to the Gower Coast are on the notice board. I have no other suggestions from our members but I am open to any ideas for trips or outings.

Barbara Collins 669238 or email barbara@bes1.co.uk

ICE - In Case of Emergency

When the emergency services are attending an incident they frequently need to make contact with friends or next of kin of a casualty. Nearly everyone these days carries a mobile phone and this is the first item they use to find out whom to contact.

They are now asking for everybody to have contact points on their phones and are suggesting that **ICE** should be universally used and stored on your phone.

Just **ICE** and a telephone number is a good start but you can make it more effective by putting a suffix after ICE eg. ICE1, ICE2 etc.

Most phones will allow at least 8 characters in the name box so to make this even better you could put ICEhome, ICEdad, ICEpart(ner), ICEdoc(tor), ICEhos(pital), ICEwork whoever needs to be contacted.

In an emergency speed in making contact could save your life or put a loved one's mind at rest.

Don't delay put ICE and a telephone number on your phone now!

This item was drawn to my attention by Norma Ellis and others. Thank you.

EDITORS NOTE

I welcome articles by Group Leaders or Members about Members/Groups/Interests or Happenings from 20 to 400 words in length. Also photographs.

Please send all contributions to:

Brian Tucker, Maadi, 8 Galmpton Farm Close, Galmpton, TQ5 0NP or email to btucker64@hotmail.co.uk or by telephone on 01803 845933. Copy should reach me by the Thursday before the next General Meeting.

Email is a very effective way of communication. If you have an email address and up to now you have not been getting the Newsletters on line then please send me a note so that you can be added to the mailing list.